



Help for Students

Finding support after an unwanted sexual incident

RCSI DEVELOPING HEALTHCARE LEADERS WHO MAKE A DIFFERENCE WORLDWIDE

- This information sheet aims to help any student who has experienced an unwanted sexual incident find support - whether the incident took place in the past or in the present
- Whichever support option you chose, please know that any information shared will not be shared without permission*, will be dealt with sensitively and confidentially, and that you remain in control of the decision making process

EMERGENCY? ARE you at risk?

Emergency Response

If you are experiencing serious distress or are involved in a serious incident and need support out of hours, your safest first action is to seek medical assistance or assistance from the emergency services by calling **999 (ambulance &/or Police) or 112**

RCSI Emergency Response Number

If you are on a RCSI site, after calling 999, you may wish to contact the RCSI Security Service to help the emergency services reach you quickly and/or to direct you to available support services.

+ 353 1 4022219

RCSI Support

CoMPPAS support

Student welfare officer

Tel: +353 1 402 8537

Email: sw0@rcsi.ie

Mercer Medical Centre

+ 353 1 – 402 2300

gpreception@rcsi.ie

Counselling

Phone queries & Appointments:

Tel: + 353 1 283 9366

Email: cpslmerrion@gmail.com

Student Assistance programme

Freephone: 1800 995 955

Email: eap@vhics.ie

External Support

Dublin Rape Crisis Centre

If you want immediate advice to feel safe & supported, this is available by calling the

Free National 24-hr Helpline: 1800 77 8888

Confidential listening and support for women and men who have been raped, sexually assaulted, sexually harassed or sexually abused at any time in their lives.

<http://www.drcc.ie/get-help-and-information/>

Sexual Assault Treatment Units (SATU)

Sexual Assault Treatment Units (SATU) provide services for individuals, of all genders, who have experienced sexual crimes by addressing their immediate medical, psychological and emotional needs. This service can also perform a forensic examination to gather physical evidence of the assault/rape that can be used in a legal process if a person decides to report this crime to the Gardaí (Police).

A rape Crisis Support Worker will be in attendance to offer you information and emotional support.

See Appendix 1 for Full contact details for SATUs in Ireland

***Mandatory reporting:**

Staff are obliged to contact Associate Director of Academic Affairs if:

- You are at risk of harming yourself or others
- You are under 18
- The disclosure affects another person who is under 18



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In Dublin the SATU is located in the Rotunda Hospital in the Early Pregnancy Unit building in the back car park. This is a self-contained unit with a private waiting room, office, forensic examination room, bathroom and kitchen. It is a separate private facility accessed only by the SATU staff. There is no signage around the main hospital to ensure privacy and confidentiality. Their website provides information on your options if you decide to attend <https://www.hse.ie/eng/services/list/5/sexhealth/satu/#Dublin%20SATU>. A Rape Crisis Support Worker will be in attendance at the SATU to offer you information and emotional support.

There are a number of SATUs around Ireland, if you are not close to Dublin, or you would prefer not to go to the Rotunda, contact details of which can be found below:

Location	Address	Email address	Telephone number	Out of hours phone
Dublin Rotunda Hospital	Parnell Square Dublin 1	satu@rotunda.ie	01 8171736	01 8171700 & ask for SATU
Mullingar Midland Regional Hospital	Mullingar, Co Westmeath	satu.mrhm@hse.ie	044 9394239 086 0409952	044 9340221 & ask for nursing admin to be bleeped.
Waterford University Hospital, Waterford	Dunmore Road, Co Waterford	wrh.satu@hse.ie	051 842157	051 848000 & ask for nurse manager on duty.
Galway Hazelwood House	Parkmore Road, Co Galway	satugalway.hsewest@hse. ie	091 765751 087 6338118	091 757631 & ask for nurse manager on duty for Merlin Park Hospital
Cork South Infirmary Victoria University Hospital	Old Blackrock Road, Co Cork	satu@sivuh.ie	021 4926297	021 4926100 & ask for nurse manager on duty for hospital.
Donegal Letterkenny General Hospital	NOWDOC Premises Oldtown, Letterkenny, Co Donegal	Satu.letterkenny@hse.ie	074 9104436 087 0681964	074 9125888 & ask for nurse manager on duty in the emergency dept