



# RCSI

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Name:	Charlotte Awad Kamel
Title:	Associate professor
Start date with RCSI Bahrain:	8/1/2008
Department:	Psychiatry
Specialty:	Psychiatry

### Third Level Education / Academic Awards:

Date Awarded	Awarding Institution:	Qualification Title:
7/1/1968	Mansoura Secondary school	First class honors in final secondary school examinations

### Professional Qualifications:

Date Awarded	Awarding Institution:	Qualification Title:
June 75	Cairo University	MBBCH
4/1/1982	Royal College of Physicians ,London	Diploma in Psychological Medicine
7/1/1984	Royal College of Psychiatrists UK	Membership of the Royal College of Psychiatrists ,UK
December 1997	Royal College of Psychiatrists of UK	Fellowship of the Royal College of Psychiatrists ,UK
4/1/2000	Royal College of Surgeons of Ireland	Diploma in Health Care Management

### Previous Academic Positions:

Date (To - From):	Institution:	Position:
May 1984 till 1986	Royal Liverpool Hospital ,UK	Honorary lecturer in Liverpool University hospitals
1991 till 2007	Arabian Gulf University, Medical School, Bahrain	Assistant Professor and Coordinator of Psychiatric Program and Communication skills.



**Teaching Experience:**

I Undergraduate: Teaching students started in Liverpool ,University Hospitals when I was a senior registrar and used to train final year medical students in Psychiatry. Then joined Arabian Gulf University ,Medical School and was the coordinator of delivering the psychiatric program from year one till final year in a problem based ways of learning in addition to being the coordinator of the communication skills program to initial years and professional skills to intermediate years. Then I have been head of department in RCSI-Bahrain since 2008 coordinating closely with RCSI-Dublin in the delivery of the psychiatry program to final years medical students.  
 Training the trainers: I acted as a coordinator for a continuous program to train the trainers in teaching psychiatry to undergraduates.

II Postgraduate :

- Coordinator of Diploma of Psychological Medicine in Bahrain run by the Royal College of surgeons of Ireland from 1993 till 1998 .
- A Professor of psychiatry teaching & revising psychiatric components for the Royal College of Surgeons in Ireland in the MRCP course conducted in Bahrain
- Coordinator of The Arab Board in Psychiatry in Bahrain from 2005 till 2008
- Currently Head of Saudi Board in Bahrain since 2016 with an intensive teaching program in Psychiatry.

**Current Research and Scholarly Activities:**

My current interests research areas Are :

- Planning and development of psychiatric services
- Promotion of Mental Health in the community
- Interface between Medicine and Psychiatry with special emphasis on organ transplantation
- Transcultural aspects of Women Psychiatry
- Training of psychiatrists for twenty –first century

-The first Mental health Conference to be held under the Umbrella of The Royal College of Surgeons of Ireland-Medical University of Bahrain was conducted by the Psychiatric Department at RCSI-Bahrain , with representations from many sectors in Bahrain including governmental organizations as well non- governmental societies in February 2016 with two key note speeches from visiting professors and ten workshops for education of the community at large with issues of mental health. It was rated as a successful community activity by the majority of participants.

- A chapter in an Ethical Booklet for health professionals on Psychiatric ethics has been prepared and the book is under publication with a group of authors in various fields of medicine.

**Summary of Publication History: (Last 10 years only)**

<b>Publication Details:</b>	<b>Journal Impact Factor:</b>
Audit of discharge summaries at the psychiatric services in Bahrain, Arab Journal of psychiatry,2001	
Attitudes of Primary Health care Physisians towards psychiatry in Bahrain, Published in Arab Journal of psychiatry,2013	
Quality of life –an Overview published in Bahrain Medical Bulletin , June 2002	
Assessment of Quality of life of patients following kidney transplantation. A comparison study with normal population . The Arab Journal of Psychiatry,2013	

**Recent Presentations:**

Stigma and Mental illness, February 2016
Review of Ethics & professionalism in Psychiatry , December 2015



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Women psychological and Psychiatric wellbeing in Bahrain
Update on Classification of Psychiatric disorders
Prevention of Relapse in Schizophrenic mentally ill population
Promotion of Mental Health in Bahrain

**Consultancy and other Relevant Activities:**

- International member of the American Psychiatric association
- Member of the World Federation of Mental health
- Vice president of the Arab Gulf Psychiatric Association
- Active member of the Pan Arab union of Psychiatrists
- Vice president of Bahrain psychiatric association under Bahrain Medical Society
  
- Visiting Consultant Psychiatrist from Bahrain as part of a liaison program for exchange of professors with UK to Guys Hospital and St Thomas in London for one month on two consecutive years in 1996 and 1997.
  
- Chairperson of the organizing and scientific committee for the first regional meeting of the Royal College of Psychiatrists ,Uk in Bahrain in 1991.
  
- Community activities by giving several lectures in health centres in Bahrain,Qatar and Oman on early detection of Depression and effective interventions.Activity in Egypt regarding Quality of life of kidney transplant patients.
  
- Workshop on psychological factors associated with menopause in Women and how to make it a successful time .