



RCSI



INTRODUCING NEW STAFF MEMBERS: Dr. Khadija Ahmed Matrook

Name /RCSI appointment	We are pleased to welcome Dr. Khadija Ahmed Matrook to RCSI Bahrain as a Lecturer in Nursing.
Educational background	Dr Khadija holds a PhD from RCSI, Master in Public Health in Health Education and Anthropology from USA, Postgraduate Diploma in Health Profession Education from RCSI, Diploma in Mindfulness-based Cognitive Behavioral therapy (MBCBT) from UK, and a BSc in Nursing Science from Bahrain.
Summary of Career to date.	While studying and working at national and international levels, Khadija has built an accumulative experience of about 17 years in nursing education, public health, and research. Khadija worked with the Accreditation Committee of the National Health Regulatory Authority (NHRA), a lecturer in Nursing for RCSI, in Joslin Diabetes Clinic; and Ministry of Health. She worked as the GCC coordinator for Geneva foundation for Medical Education Research. She also worked as a Public Health Consultant in the WHO Country Office in Bahrain, and contributed to development of 2022-2023 programme in line with global health agendas in the context of Sustainable Development Goals and the UN Reforms.
Research interests and specialty	<ol style="list-style-type: none">1. Nursing Education2. Health Profession Education3. Anthropology, Social and Behavior Science4. Diabetes Education and Management
Major accomplishments	Dr Khadija received the Fulbright Scholar Award, Dilmun Scholar award, and Bahrain Prime Minister Award. She was the first Bahraini Certified Insulin Pump Trainer who launched the Insulin Pump Training for people with diabetes, thus handled the first diabetes patients' call center in Bahrain.