



**RCSI**

Leading the world  
to better health

# YOUR JOURNEY OUR PROMISE

Royal College of Surgeons in Ireland - Medical University of Bahrain



CSI

RCSI BAHRAIN  
STUDENT  
ENGAGEMENT  
+ PARTNERSHIP  
AGREEMENT

RECEPTION

Enhancing health in the region and beyond, through endeavour, innovation and collaboration in education, research and service.

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Everything you need to know

# About RCSI

Established in 1784, RCSI was founded to set and support the standards for surgical training and practice in Ireland, something that continues to this day.

Today RCSI is an innovative, world leading international health sciences education and research university with undergraduate and postgraduate schools and faculties across the health sciences spectrum.

RCSI is headquartered in Dublin and has over 60 nationalities represented within its undergraduate student population. This international focus is further reflected in the presence of independent campuses in Bahrain and Malaysia.

Unlike most medical schools, which are part of large multi faculty, government funded universities, RCSI is an independent, not for profit, institution with a singular focus on health sciences, largely independent of state funding. This focus and independence allows us to pursue our own priorities in the pursuit of excellence in medical education, training and research.

In terms of societal and global impact in health, RCSI is ranked number one in the world for SDG3 'Good Health and Well-being' in the Times Higher Education (THE) University Impact Rankings 2023.

Everything you need to know

# About RCSI Bahrain



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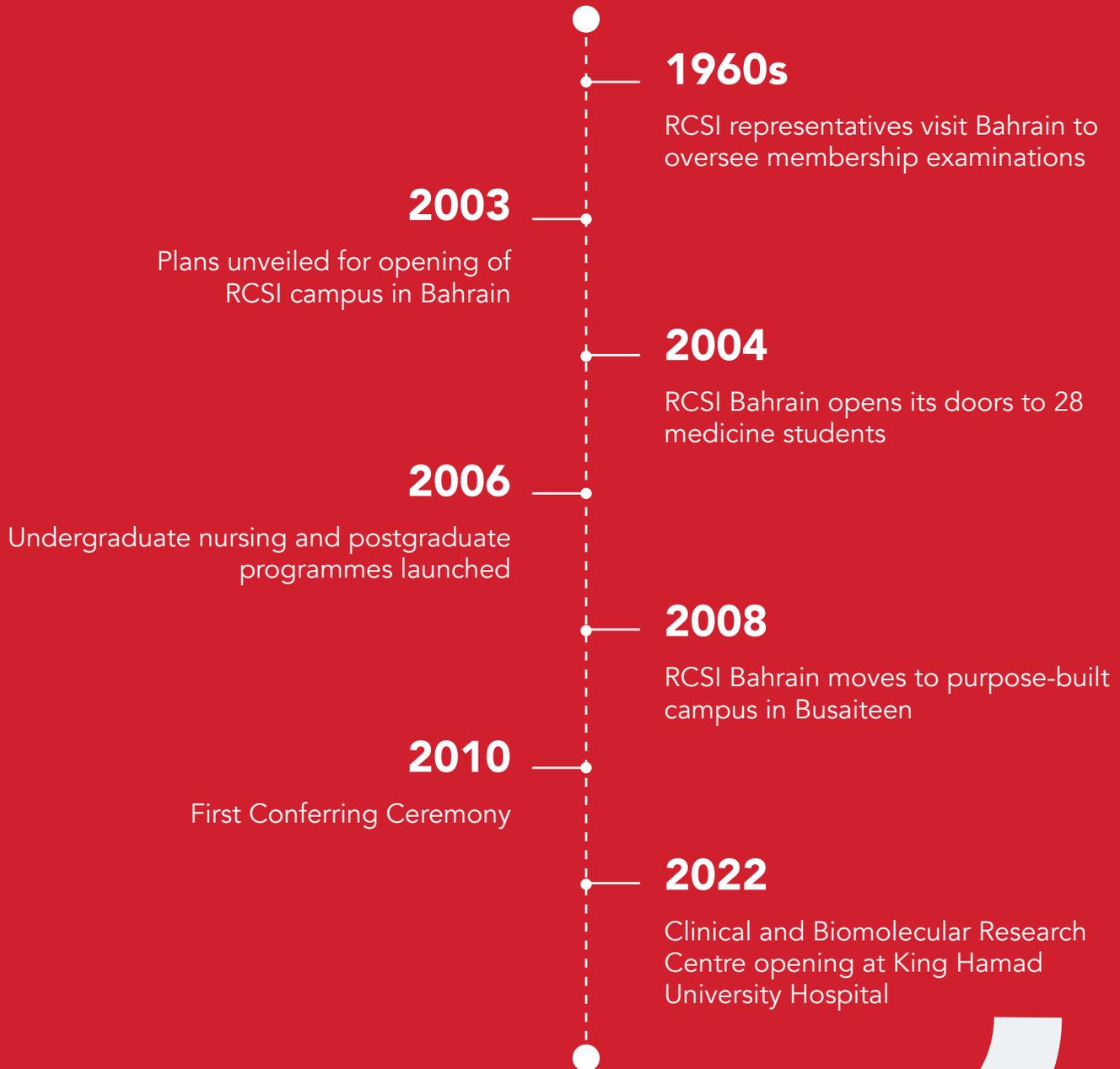
The Royal College of Surgeons in Ireland – Medical University of Bahrain, or RCSI Bahrain, is a constituent university of RCSI.

RCSI Bahrain is licensed and accredited by the Higher Education Council in the Kingdom of Bahrain as an independent private university, and like its counterpart in Dublin, is a not-for-profit health sciences institution focused on education and research to drive positive change in all areas of human health worldwide.

With a long-standing history of educating Bahraini students, RCSI was invited to set up its own campus in the Kingdom and the University officially opened its doors to a cohort of 28 medical students in 2004.

Today, the purpose-built campus – which features a host of teaching spaces, laboratories, offices, a library, a restaurant, a dedicated student support centre and extensive sports and recreational facilities – is home to a student body of over 1,600 across Schools of Medicine, Nursing and Midwifery and Postgraduate Studies and Research.

Through the provision of high-quality transnational education aligned across three continents, RCSI Bahrain is recognised around the world for producing practice-ready graduates who can compete for international places. The University is also focused on developing original research and development across the health and biomedical sciences in line with the requirements of the region.



# Our Promise

At RCSI Bahrain, our mission is to inspire, educate and train competent and caring graduates, to international standards, who are prepared for life-long learning and to become future healthcare leaders.

Over two centuries ago, the founders of RCSI embarked on a journey of their own and they committed to an enduring promise, to define a universal standard of care for all patients.

Your journey will follow in the path of former students who have embraced this promise, from advancing patient care across geographical boundaries, to providing care and education where there is none.

This enduring commitment to our promise continues to drive our commitment to you, fulfilling our shared responsibility for human health.



Why Study at

# RCSI Bahrain?



Founded on over 200 years of educational excellence



Study in an environment with a single focus on health sciences, where you are taught by leading clinicians and healthcare professionals from around the globe



Student community of over 45 nationalities



Built on the principal of patient care, which is embedded into the curriculum



Globally-recognised degrees provide the platform for international mobility



More than 3,000 alumni working in over 35 countries

# Bahrain

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Bahrain is one of the most forward-thinking countries in the Arab world and has an open environment conducive to the full student experience. The Kingdom combines the best of Middle Eastern traditions with a modern infrastructure and diverse population, where expatriates and locals live in harmony.

Academically, Bahrain has excellent educational standards, governed by the Higher Education Council. The Bahrain Education and Training Quality Authority (BQA) ensures the quality of education is kept at a very high standard.





# Medicine Programme



RCSI Bahrain offers a five/six year undergraduate medicine degree programme for school leavers and those who have already obtained a bachelor's degree.

At RCSI Bahrain, we produce medicine graduates who are not only knowledgeable in the science of medicine but are also exceptionally well trained clinicians. You will study in an innovative learning environment, where early clinical exposure is a priority, and the emphasis is on learning by doing.

In the early years of the programme, you will receive a solid foundation in the sciences and study the normal functioning body. In the intermediate years, you will move into the clinical setting and examine the diseases of the body. During this period, you will have the opportunity to develop your clinical, communication and professional skills in a variety of settings.

Your clinical skills will be put into practice in the final two years of the programme, when you will be based in a number of RCSI Bahrain affiliated hospitals, completing discipline specific clinical rotations under the supervision of highly skilled specialists.

Upon successful completion of the programme, you will receive degrees from RCSI Bahrain and the National University of Ireland (NUI), which are recognised around the world and allow graduates to compete for international places.

<b>Course Duration</b>	5/6 years
<b>Degree Awarded</b>	MB, BCh, BAO (Hons)

Please visit [rcsibahrain.edu.bh](http://rcsibahrain.edu.bh) for further details about our programmes

*“The RCSI Bahrain degree provides students with the mobility to practice Medicine anywhere they want after graduating, which is essential to consider when choosing a medical university.”*

**Manraj Aujla**  
Medicine Student



Scan to watch  
Manraj's interview.



# Medical Commencement Programme

RCSI Bahrain's Medical Commencement Programme (MCP) is designed to provide a learning path in English language and basic sciences to those who are interested in pursuing a career in medicine but require some specific additional knowledge. Upon successful completion of this one-year programme, candidates will progress to the Foundation Year stage of the undergraduate medicine programme.

On completion of the programme, students will receive a Certificate in Biomedical Sciences from the National University of Ireland, which is a Special Purpose Award at level 6 of the Irish National Framework of Qualifications.

The MCP comprises 12 modules run over two semesters, including Physics, Biology, Chemistry, Fundamental Sciences Laboratories and either English for Medical Studies or Research. In addition, students undertake

Third Level Learning (semester 1) and Communications (semester 2). Teaching methods vary according to the requirements of each module, but typically include lectures, tutorials, workshops, group and individual work and self-directed learning and are characterised by small class sizes.

Successful advancement to the undergraduate medicine programme will see students undertake the world-respected curriculum and assessments aligned across three continents. The National University of Ireland (NUI) degree awarded to RCSI Bahrain graduates is recognised around the world.

<b>Course Duration</b>	1 year
<b>Degree Awarded</b>	Certificate in Foundation Medical Science

Please visit [rcsibahrain.edu.bh](http://rcsibahrain.edu.bh) for further details about our programmes

*“Being a first-generation medical student can be overwhelming, but after further research, I’ve found that the Medical Commencement Programme in RCSI Bahrain is an excellent place to start.”*

**Salam Elakkawi**  
Medical Commencement  
Programme Alumna



Scan to watch  
Salam's interview.



# Nursing Programme



The undergraduate BSc (Hons) Nursing programme is a four year, full-time course, which teaches the main themes of health, illness, nursing, caring and environment. Within these themes the curriculum is designed around the values of health promotion, health maintenance, illness prevention, communication, problem-solving and critical thinking, caring, evidence based nursing and partnership.

Since the establishment of the school in 2006, RCSI Bahrain has educated its nursing graduates with the support and collaboration of long-term partners including Tamkeen; the Ministry of Health; King Hamad University Hospital (KHUH), Bahrain Defence Force Hospital - Royal Medical Services (BDF), Salmaniya Medical Complex (SMC), Shaikh Mohammed bin Khalifa bin Salman Al Khalifa Cardiac Centre, private hospitals and other healthcare facilities. Students graduate from the School of Nursing and Midwifery with a BSc (Hons) Nursing from

RCSI Bahrain and from the National University of Ireland (NUI).

We place a major emphasis on developing clinical competence in our students, integrating theory and practice. Our school faculty is a dynamic blend of international and local nursing experts, which strives to provide high quality nursing education, meaningful research and community engagement.

The programme offers opportunities for students to undertake an elective placement at an international university to increase their knowledge of global approaches to health care delivery and nurse and midwifery education.

<b>Course Duration</b>	4 years
<b>Degree Awarded</b>	BSc (Hons), Nursing Degree

Please visit [rcsibahrain.edu.bh](https://rcsibahrain.edu.bh) for further details about our programmes

*“The nursing programme allowed me to expand my personal knowledge and provided me with great exposure in the clinical area and an active student life.”*

**Fatima Khunji**  
Nursing Student



Scan to watch  
Fatima's interview.



# MSc in Nursing Programme



The MSc in Nursing is designed for nurses from varying clinical and educational backgrounds who hold a BSc in Nursing and wish to undertake further education to enhance personal and professional development.

The MSc in Nursing programme is approved as a full-time course, with the option of part-time attendance over two academic years.

This option is considered essential to facilitate nurses who wish to continue in nursing practice during their studies.

The focus of the first year is to add to existing knowledge of nursing in a global and dynamic healthcare environment, while taking into consideration the social factors affecting health and wellness. In Year two you will demonstrate your knowledge and understanding of the research process by conducting a research project on a topic related to your area of clinical practice and submitting a 25,000 word Dissertation.

Graduates will receive degrees from RCSI Bahrain and the National University of Ireland.

<b>Course Duration</b>	1 Year (full-time)/ 2 Years (part-time)
<b>Degree Awarded</b>	Master of Science in Nursing

Please visit [rcsibahrain.edu.bh](https://www.rcsibahrain.edu.bh) for further details about our programmes

*“The MSc in Nursing programme at RCSI Bahrain has prepared me to be a leader in all aspects. The programme is enriched with knowledge, leadership skills, and research, which prepares a nurse to work in various sectors.”*

**Lolwa Al Muqla**  
MSc in Nursing Alumna



# Our Campus

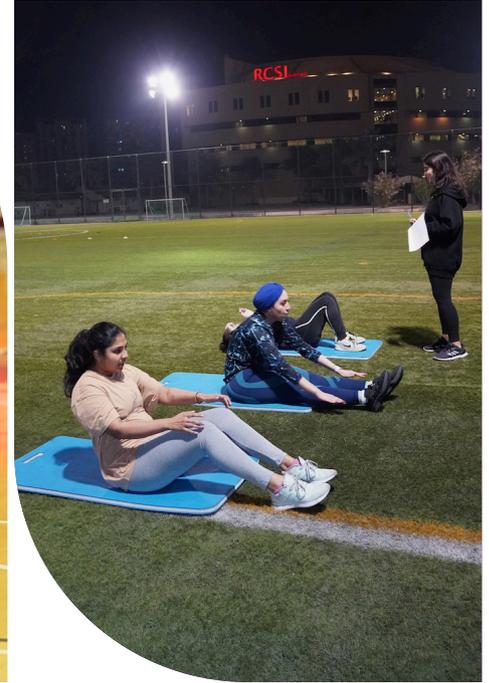
## Laboratories

Dedicated anatomy, general purpose and research laboratories on campus provide students with the opportunity to learn the basic sciences as well as fostering a passion for research. Each of the labs have their own breakout rooms and play host to a variety of classes, experiments, projects and events throughout the academic year.

## Library and Learning Resource Centre

Between group study rooms and open plan areas, RCSI Bahrain's Avicenna Library and Learning Resource Centre (LLRC) provides a host of study and work spaces. The facility boasts a collection of over 14,000 print titles and a suite of e-resources including journals, databases, clinical digests and reference tools related to the curricula, as well as a dedicated support team.





## The Hub

Located to the rear of the main campus building, The HUB is the centre for physical and social activity at RCSI Bahrain. Whether you are looking to take a break from your studies, workout in the gym or just relax with some friends, The HUB has everything to suit your needs. The chill out lounge on the ground floor features a comfortable seating area with a video game console and other amenities. For the more active individual, The HUB offers separate male and female gymnasiums as well

as a Crossfit box. Students also have access to the 900 square metre multipurpose sports hall - boasting one of the best basketball courts in Bahrain - as well as a full-size outdoor 4G sports field, adjoining the building.

With competitive teams across an array of sports and a wide variety of recreational activities and top-class fitness consultants on hand throughout the day, The HUB should have something to offer everyone here at RCSI Bahrain.



## Clinical Simulation Centre

The purpose-designed Ibn Al-Baitar Clinical Simulation Centre is a 12-bed facility with dedicated maternity, paediatric, medicine, surgery and intensive care areas and high-fidelity mannequins, designed to replicate the clinical settings in which students will be working in.

## Centre for Student Success

Designed by students, for students, the Centre for Student Success (CSS) is a prized asset of the University and provides a comfortable alternative space to study, socialise, access resources or engage with tutors or other members of the support team. The centre is further supported by the Student Health and Wellbeing Unit.



# Student Life

## Clubs and Societies

RCSI Bahrain actively encourages a healthy work and social life balance through the formation and operation of clubs and societies.

The Clubs and Societies' Fair takes place at the beginning of each academic year and offers existing clubs and societies the opportunity to showcase their activities and plans for the coming year to attract new members.

For new-joining students, it is an opportunity to see what is on offer and what they might be interested in getting involved in.

The range of clubs and societies at RCSI Bahrain has grown substantially in recent years to meet the growing interests of the student body and we actively encourage the formation of new clubs and societies.

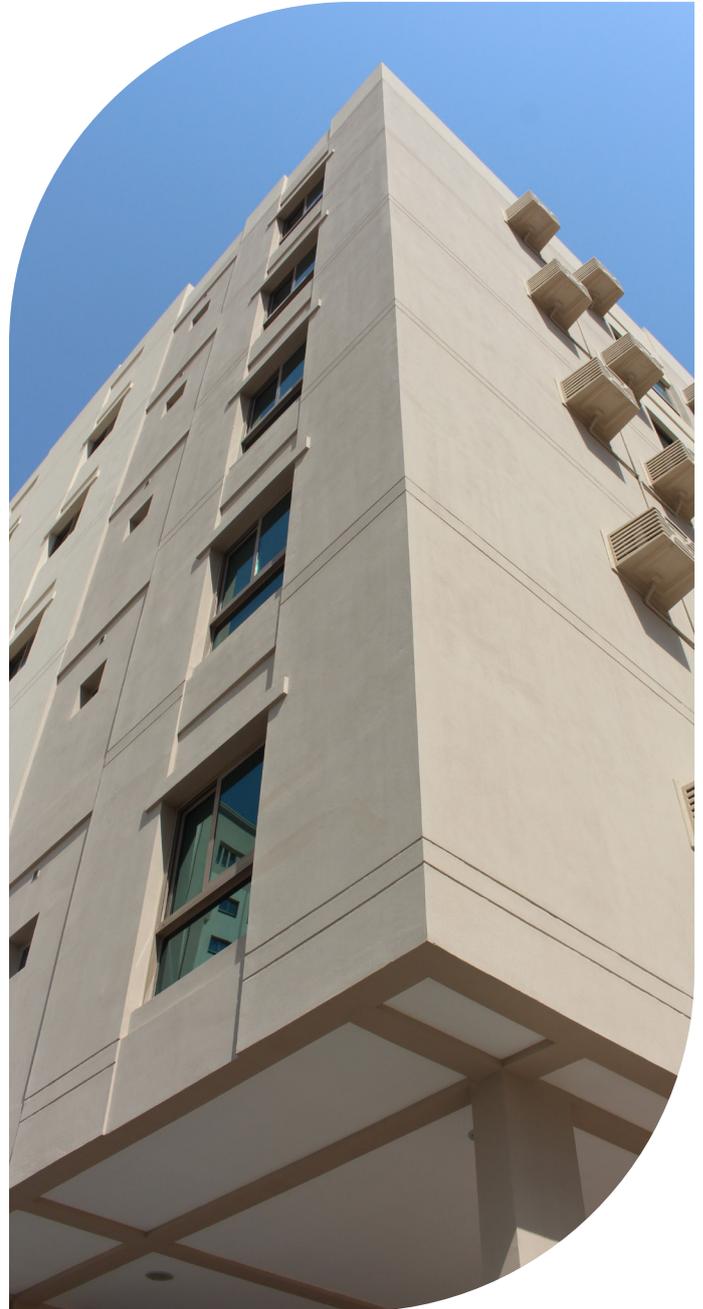
Our campus is constantly alive with events, run by the Student Council and more than 50 clubs and societies across fitness, arts, culture, technology and much more. Whatever your interests, there is something for you to join with like-minded people at RCSI Bahrain.



## Accommodation

RCSI Bahrain manages a building of 20 two-bedroom apartments within a three minute walk from the campus. A member of RCSI Bahrain staff is appointed as house master of the residence and takes some pastoral responsibility for students. While many students have successfully arranged accommodation from abroad, some wait until they arrive, safe in the knowledge that accommodation is in plentiful supply.

A list of details and contacts for external apartment blocks in the local area is available through the Student Services and Events office.



## Career Guidance

The Careers and Alumni Office is committed to nurturing outstanding healthcare professionals who will differentiate themselves as future healthcare leaders around the globe. The Careers function operates with the aim of helping our medicine and nursing students identify their personal and professional goals early on in their academic journey, and to support them in mapping and planning their future healthcare careers. Our experienced Careers team can advise students on licensing examination preparation, counsel them in specialty and residency selection, support them in interview skills and CV preparation, and guide them through the internship and residency application processes for a multitude of countries. The team provides an individualised and student-centric service, and we strongly encourage all students to utilise the available expertise as much as possible.

Following graduation, the Alumni Relations function aims to foster lifelong relationships with RCSI Bahrain graduates. The Alumni and Careers functions work closely together to organise Alumni Talks and other careers events. In addition, the Alumni Relations function seeks to support documentation and other requests by alumni; organise social and networking events; identify opportunities for alumni participation and recognition, act as liaison between student groups and graduates and enhance the range of resources made available to alumni.



## Employability

Graduate-employability is built into our curricula, academic support services, careers advice and wider student activities. A critical measure of RCSI Bahrain's success in driving employability has been the performances of students in various licensing exams that allow them to practice in different countries.

The University is particularly proud that the number of graduates successfully passing the US Medical Licensing Examinations (USMLE) has continued to rise over recent years. To support students in their preparations for these exams, RCSI Bahrain provides a variety of resources, including question banks, mock examinations and advisory sessions. Additionally, as of April 2021 RCSI Bahrain graduates have been granted GMC PLAB exemption, meaning that our graduates can apply for Foundation Year (Internship year) training in the UK without having to undertake the PLAB licensing examinations.



## Community Engagement

At RCSI Bahrain, we believe in developing healthy communities as part of our role as a health sciences education provider.

For our students as future healthcare professionals, caring for communities is fundamental, and we foster this sense of responsibility throughout your journey at RCSI Bahrain. All staff, students and alumni have the opportunity to register as community engagement volunteers and be part of a series of events and initiatives supporting local and international communities, often in partnership with various charities.

We have over 900 registered community engagement volunteers, who participate in events on and off campus, such as blood drives, walk-a-thons, charity runs, fund-raisers, health



awareness events and much more.

Medicine and nursing students actively participating in community engagement events over their studies will be eligible to apply for the International Community Engagement (ICE) programme. The ICE programme offers students the opportunity to travel to international locations - such as India and Vietnam - to learn and experience diseases and procedures that are less common in our own cultures from international healthcare professionals.



## Research

Innovative research lies at the heart of enhancing human health and patient care. We are focused on clinical and patient-centred research, addressing key national, regional and global health challenges. A team of world-class researchers, clinicians, and academic staff from the university work collaboratively to conduct pioneering translational research across a range of health science disciplines.

The Research centre is specialised in the delivery of clinical trials to the highest of international standards. One such emerging area is clinical trials in stem cell technology, for which we have three dedicated research groups, being new stem cell, pancreatic islet cell, and tissue regeneration.

### Research Opportunities

Mutually beneficial and meaningful research cooperation between students and academics is nurtured to foster new ways of thinking. This in turn better informs more impactful research projects and promotes a positive, inclusive research culture. Under our StEP programme we have created student co-leads, empowered to design and host research projects and contribute to our RSS feed.

### Research Summer School (RSS)

The research summer school is designed to introduce students to the world of research by providing opportunities to become involved in

research projects during the summer months. Students spend approximately 8 weeks of the summer in a non-laboratory, laboratory or clinical setting.

### Annual Research Conference

Our Annual Research Conference is an opportunity to review and discuss the latest research projects of our faculty and clinical colleagues and to build research collaboration between different institutes.



# Alumni Profiles



**Dr Ali Abdalnabi Mohamed**  
Class of 2013

Upon graduating, Dr Ali began his career as a foundation doctor when he joined the UKFPO (UK Foundation Programme) in Malta for two years. He then moved to the UK and completed an Internal Medicine training in Leicester, followed by a specialisation in Medical Oncology. Dr Ali continues to be heavily involved in clinical and translational research in his current role as the awardee of the Cancer Research UK City of London Doctoral Clinical Research Training Fellowship, in addition to an Honorary Specialist Registrar role in Guy's and St Thomas' Hospital in London.



**Ms Nazia Alamri**  
Class of 2014

School of Nursing and Midwifery class of 2014 graduate, she is currently working as a Nurse Manager (Senior Registered Nurse-Midwife) in the Emergency Obstetrics Assessment Unit at the King Hamad University Hospital (KHUH). Ms Nazia was awarded the Inspiring Excellence Award in 2020 and many other awards at RCSI, Bahrain. Upon reflecting on her time in RCSI Bahrain Ms Nazia speaks highly of RCSI Bahrain's School of Nursing and Midwifery, her time at the university made her highly adaptable to clinical changes and help nurture her leadership skills to take on responsibilities in her current role.



**Dr Suzan Skef**  
Class of 2011

Dr Suzan is currently the Associate Program Director of the UT Houston McGovern Medical School family medicine residency program. Dr. Skef is a Syrian American who grew up in the Middle East. She completed her family medicine training in Chicago, and then completed her master's in medical education and faculty development fellowship at the University of Pittsburgh / UPMC St. Margaret FMRP. She then stayed on to be the Director of Undergraduate education at UPMC STM prior to moving to Houston. Dr. Skef's interests include interprofessional education and evaluation & assessment.



**Dr Fares Uddin**  
Class of 2013

Dr Fares completed his internship in Bahrain and was awarded intern of the year. He was accepted into the Saudi Board for Orthopedic Surgery, recruited by the Bahrain Royal Guards, and subsequently nominated to attend the Royal Military Academy Sandhurst. He subsequently served in a military deployment where he headed the regional medical forces. He is currently heading the medical team for His Highness Sh. Nasser bin Hamad, serving as his personal physician, and is actively involved in the development of a new medical center for the Royal Guards. He completed his Orthopaedic surgery residency (Saudi Arabia) in 2020, Sports Surgery fellowship (Canada) in 2022, and is currently completing his Upper Extremity Surgery fellowship (Canada).

# Application Essentials

RCSI Bahrain's application process is designed to be as simple as possible and completed through the online portal on our website. Once the application has been submitted, our Admissions team will communicate with candidates via e-mail.

A number of internal and external scholarship opportunities are available to those applying to RCSI Bahrain programmes. This includes RCSI Bahrain's Medicine and Nursing Scholarships, as well as Shaikha Moza Bint Hamad and Dr Shaikh Mohammed Bin Abdulla Al Khalifa Medicine Scholarships.

Full information on entry requirements, fees and how to apply can be found at [www.rcsibahrain.edu.bh](http://www.rcsibahrain.edu.bh)

## Stage 1 APPLY

- Fill online application available on the website.
- Non-refundable application fee (BSc in nursing \$50 and medicine \$100).
- Upload all required documentation.

## Stage 2 INTERVIEW

- Eligible applicants will be notified by e-mail.
- Interview by a faculty member assessing communication skills, maturity, motivation and suitability for a career in healthcare.
- Nursing applicants required to sit English entrance exam or provide IELTS/ TOFEL certificate.

## Stage 3 OFFER

- Applicant considered by the Admissions Committee.
- Recommended for appropriate entry stage by committee.
- Notified of outcome by e-mail of acceptance or otherwise in due time.
- Issued with a Full Offer\*.
- Issued with a Conditional Offer, i.e., pending achievement of conditions specified in the offer letter.
- Placed on a wait list, which will be reviewed prior to commencement of the programme.
- Issued with a regret letter, indicating you have been unsuccessful in obtaining a place on the programme.

## Stage 4 ACCEPT

- Submit signed acceptance of offer, student agreement and proof of payment or sponsorship letter.
- Submit final result to Admission Office (for conditional offers).
- A final outcome letter will be sent.
- An acceptance email is required if any changes to entry stage.

## Stage 5 ENROL

- An acceptance email is required if any changes to entry stage.
- Complete payment of first year fees.
- Attend Orientation.
- Begin your journey as an RCSI Bahrain student.

\*All offers are conditional, subject to Higher Educational Council (HEC) approval.

## Contact Us



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[www.rcsibahrain.edu.bh](http://www.rcsibahrain.edu.bh)



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Leading The World To  
**Better Health**