



RCSI

UNIVERSITY
OF MEDICINE
AND HEALTH
SCIENCES

Information Pack 2 2020

June 2020



RCSI

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**BEGINNING ANY
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AN EXCITING TIME
AS YOU ADJUST
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AND LIVING IN
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PLEASE REMEMBER
THAT THE STUDENT
SERVICES OFFICE
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TO ASSIST AND
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POSSIBLE.**



WELCOME TO THE RCSI INFORMATION PACK 2

This document is the second of three information documents that you will receive in advance of arriving in Dublin. This document is from the Student Services Office who will play a significant role in looking after you during your arrival into your new life in RCSI. The document provides information, direction and advice in relation to beginning your new life as a student in the College.

We have tried to make the guide as practical as possible and hope that it helps to answer and address the many and varied queries you may have. Not all questions can be answered at present as some processes are yet to be finalised.

A third and final information booklet will be sent to you in the middle of August with the final details that you require before you leave home. In addition, we will send you updates that we feel are important to you in advance of that time as the information becomes available.

Beginning at any new University is an exciting time as you adjust to learning new subjects, making new friends and living in a different environment. Please remember that the Student Services Office is available to assist and support you with your transition into your new life in RCSI and to make it as smooth as possible.

The Student Services Office also acts as your 'first stop information shop' providing information, advice and guidance to students in relation to a variety of matters. If we can't help you ourselves, we are sure to know someone who can.

Accommodation is usually one of the greatest concerns for new students arriving at RCSI. As a first step, please study the accommodation section on our website www.rcseye.com where you will find information on our on-campus accommodation at Mercer Accommodation, New Mill and Scape Accommodation.

As outlined in our '*Supporting your Health, Safety and Wellbeing*' document, [view here](#), we are encouraging as many students to live on-campus accommodation this year as we wish to ensure that we can support you as fully as possible in the early days and weeks after you have arrived. As mentioned in the document, the current health advice is that you will be required to self-isolate on arrival into Ireland for 14 days, so please ensure that you read this document to familiarize yourself with its contents.



You have also been given access to the RCS-Eye website when you received your acceptance offer. As a closed website, the accommodation section in the RCS-Eye has additional information that is available to newly arriving students only, so please make sure you familiarize yourself with the accommodation information on this site. On-campus student accommodation can be booked now using the booking information that is provided on the site. Some students will choose to live off campus and while we cannot book off campus accommodation on your behalf, we are always available to advise and support you in your efforts. And rest assured, all our students ALWAYS find somewhere suitable to live. It may take a bit of work on your part but try not to panic.

The RCS-Eye website also has important information on a host of other matters related to your arrival and life in Dublin. The site is continuously updated so please check in on the site regularly for the most up to date information.

In undertaking a degree in Medicine, Pharmacy or Physiotherapy, you are embarking on a very exciting journey. It will be very rewarding and also challenging. The Student Services Office has provided supports to students for many years and we have yet to come across an issue that can't be solved. We are here to make your student journey a positive and memorable experience. The Office has an open door policy so call in and visit us anytime.

Corriena Brien
Student Services Manager
Email studentservices@rcsi.ie



INTRODUCTION TO THE ROYAL COLLEGE OF SURGEONS IN IRELAND

The Royal College of Surgeons in Ireland was granted a Charter on the 11th of February 1784, giving the College the license to regulate the practice of surgery and to make provision for surgical education.

Prior to that time, surgeons were grouped with the barbers and the Barber-Surgeons' Guild. This is the reason that you see the Red and White striped pole in a Barbers Shop. The red strip representing blood, the white representing the bandages. One of the Founding Fathers of RCSI was Sylvester O'Halloran (a pioneering ophthalmologist) and a number of likeminded colleagues set about breaking the 'preposterous union of the Barber- Surgeons Guild'.

Their challenge was taken up by the Dublin Society of Surgeons and in 1784 they received a Royal Charter from King George III of Great Britain and Ireland (Ireland was part of the United Kingdom until it became a republic in 1922). The charter extracted the Surgeons from the Barbers-Surgeons' Guild and 'incorporating them separately and distinctly upon liberal and scientific principles' for the pursuit of surgical practice and training.

The Founding Fathers had no premises, so the earliest meeting was held in the boardroom of the Rotunda Hospital in Dublin (the hospital in which you will

undertake your Obstetrics and Gynecology training). Subsequently, a disused hall in Mercer Street beside Mercer's Hospital was acquired. The College flourished from the very start and, in 1810, moved to its present location on the corner of York Street, facing St Stephen's Green. The site acquired for the building at that time was a disused Quaker graveyard.

The College set about educating doctors with a strong emphasis on surgery. The founders were influenced by the standard of surgery in France at that time and, out of respect for the French College of Surgeons, they adopted the motto "Consilio Manuque", meaning 'Scholarship and Dexterity'. The stimulus for growth in the early years was the demand for Army and Navy surgeons for the Napoleonic wars.

In 1844, a supplemental Charter was obtained from Queen Victoria, the chief provision of which was the institution of the Fellowship which divided Graduates into Licentiates and Fellows. The latter could only be obtained by examination taken a minimum of three years following graduation. This is essentially the Charter by which the College operates today.

The Medical Act of 1886 confirmed that graduates had to be educated in surgery, medicine and obstetrics and so the Conjoint Board between the Royal College



of Surgeons and the Royal College of Physicians came into existence. Graduates therefore receive the historical Licentiates of the Royal College of Surgeons in Ireland and the Royal College of Physicians of Ireland. In addition to the undergraduate

medical programme, the University also delivers undergraduate degree programmes in Pharmacy, Physiotherapy and Nursing and is home to the Faculties of Radiology, Dentistry, and Sports & Exercise Medicine.

WHO'S WHO & WHAT'S WHAT

The University has a number of administrative offices that provide services to the students. As a newly arrived student it is helpful for you to have an understanding of these departments and general services that each is responsible for.

Admissions Office

The Admissions Office is responsible for the admission of students to all of the Universities undergraduate programmes.

Email: admissions@rcsi.com

Located: Ground Floor 123 SSG.

Center for Mastery, Personal, Professional and Academic Support CoMPPAS

CoMPPAS is RCSI's hub for student advancement and growth. Through personalised support and development opportunities, CoMPPAS seeks to support students in achieving their academic and personal success while a student at RCSI. CoMPPAS as a multi-disciplinary team is a one-stopshop providing a range of professional services to the RCSI student community. It offers confidential personal assistance to any student in need of help. CoMPPAS personal support and development services operate independently and confidentially. Access to these services is not recorded on student transcripts.



Services include:

- Academic Development
- Personal Development
- Communications and Language Skills
- Student Well Being
- Access & Facilitation

Email: compass@rcsi.com

Located: First Floor 123 SSG.

Fees Office

The Fees Office is responsible for all issues in relation to student fees.

Email: studentfees@rcsi.ie

Located: Within SARA Office. First floor 123 SSG.

Information Technology Office

The IT office manages all IT matters in the College. A student helpdesk is available to support students with all IT enquiries

Email: helpdesk@rcsi.com

Located: Ground Floor 121 SSG

Student Academic and Regulatory Affairs (SARA)

The SARA Office is responsible for all academic matters related to your course from timetables to examinations. The SARA office is the Registry and holds all records of all students, past and present, and is an office that you engage with for the duration of your studies and indeed after you graduate as you are likely to require copies of your final transcripts for many years after you have graduated.

The services that the SARA office are responsible for include;

- Confirmation of Registration letters
- Exam transcripts
- Exam results
- Exam timetables
- Garda Vetting
- Regulations and Records
- USMLE's
- Clinical Electives
- Peripheral Rotations

Email: ssgsara@rcsi.ie

Located: First floor 123 SSG

Student Services Office

The Student Services Office is responsible for a range of non-academic support services. The Office is a one-stop information shop and available to point you in the right direction if you require information or assistance at any time. All of the student societies, clubs and student events are managed from the Student Services Office. *The services that sit with the Student Services office include;*

- Accommodation
- Access
- Clubs & Sport
- Financial Assistance
- Gym & Fitness Facilities
- Immigration
- Merchandising
- Orientation
- Societies
- Student Events
- Student Publications
- Visiting Student Supports

Email: studentservices@rcsi.ie

Located: Ground Floor 123 SSG

ARRIVING IN DUBLIN

RCSI is pleased to offer a Meet and Greet Service to all new students and their families. This welcome service will meet you on arrival in Dublin airport and arrange complimentary transport to your accommodation. If you wish to avail of this service, you must complete the online registration form a minimum of 10 days before arriving into Dublin airport. The registration form will be available from early July on the Non EU section of www.rcseye.com.

Students who are living on-campus in Mercer, New Mill or Scape Accommodation can check in from Friday to Sunday immediately before their academic start date, e.g. students joining the 6 year medical course on Monday 14th September, can check in from Friday 11th – Sunday 13th September.

Detailed information on arriving into Dublin and the current requirement for self-isolation is covered in the *'Supporting your Health, Safety and Wellbeing'* document.

ORIENTATION & REGISTRATION

Orientation & Registration takes place at the start of your course and will be delivered online this year during the first two weeks of the programme. It comprises a series of introductory lectures which will lay the groundwork to ensure that you are fully appraised of all academic and non academic matters, to allow you to flourish as a student in the College.

The full details of Orientation and Registration and indeed the academic and non-academic timetables for the first two weeks is currently being developed and will be made available to you in the third and final version of this document.

Once you begin your studies (at the start of your self-isolation) your status will change from being an applicant to RCSI to being a student of the College. All students will be provided with the following in advance of their first day.

- RCSI Student Card (this will provide access to the Library, Computer Labs and other areas of the RCSI campus(for use after your self-isolation period has been completed
- RCSI Apple Laptop
- Log-on details for online services & RCSI e-mail account
- Moodle access (RCSI's virtual learning environment)

Term Dates

Academic Year 2020/21 Semester 1 dates are shown below. Semester 2 dates are not available at present and will be published on the www.rcseye.com website as soon as they are available.

GEM Semester 1 key dates

ACTIVITY	START DATE
Online Start	31 st August
Campus start	14 th September
Mid-term break	24 th - 29 th October
Term	29 th October
Study time	26 th Nov - 10 th Dec
Assessment period	11 th - 21 st December
Christmas break	22 nd Dec - 5 th January 2021

5 year Programme Semester 1 key dates

ACTIVITY	START DATE
Online Start	5 th October
Campus start	19 th October
Mid-term break	24 th - 29 th October
Christmas break	23 rd Dec - 4 th January 2021
Teaching complete	8 th January 2021
Study time	9 th - 17 th January 2021
Assessment period	18 th - 31 st January 2021
Semester 2 start	1 st February 2021

6 year Programme Semester 1 key dates

ACTIVITY	START DATE
Online Start	14 th September
Campus start	28 th September
Mid-term break	21 st - 26 th October
Teaching complete	18 th December
Christmas break	19 th Dec - 3 rd January 2021
Study time	29 th Dec - 3 rd January 2021
Assessment period	4 th - 16 th January 2021

Timetables

Timetables are published on the Virtual Learning Environment platform Moodle.

An academic timetable, covering the first period of your programme, will be sent to you by email in advance of your first week. Once you begin, you will have access to Moodle and will be able to view your timetable online.

Booklists

Recommended reading lists are available on Moodle and on the RCS-Eye Website. Our academic staff suggest that students are best advised not to purchase books in advance of arrival. They suggest that students should review books on any particular subject in the Library before they decide which book to purchase as the writing style of textbooks can vary significantly from one book to the next so it can be useful to find a textbook that matches your learning style. You can then, if you wish, purchase the book from the

nearby medical bookstore. Alternatively, students can avail of copies available in the Mercer Library. The Students' Union also arrange a second hand book sale during the first weeks of term where books can be purchased at reasonable prices.

Freshers' Events



The first week of Semester 1 is known as 'Freshers' Week'. The aim of the week is to welcome all new students and assist with the settling-in process. This year, as a result of COVID-19, the Freshers activities will be different as students will be self-isolating. A committee, which includes representatives from the Students' Union, are developing plans for this year's welcoming activities. Some Freshers Events will take place during the self-isolation period while others may be postponed until after the students are out of isolation.

The Freshers Events are not yet finalised as the government guidelines on lifting the lockdown are being accelerated as the COVID situation is improving (ahead of projections). The organizing committee are therefore waiting to have a full understanding of what the health guidelines will when the programme is due to begin. Details of the Freshers Events will be published on the www.rcseye.com website when they are available.

ACCOMMODATION



On-Campus

One of the most important tasks faced by new students is the search for suitable accommodation. The '*Supporting your Health, Safety and Wellbeing*' booklet provides advice on accommodation, self-isolation and the health and welfare measures that are being put in place to support students this year. This information guide was emailed to all new incoming students and is already available on the www.rcseye.com website. We are encouraging students to make their accommodation bookings soon to ensure that you have your accommodation in place, as rooms fill up quickly which will limit your options later in the summer.

The on-campus accommodation that we are recommending for this year is Mercer, Scape and New Mill Student

Accommodation. All newly arriving students will qualify for a 15% discount on published prices in these facilities as we are encouraging as many new students to stay in one of these developments to allow us to support you as fully as we can during your self-isolation period.

Off-Campus

Some students may prefer to live off-campus in private rented apartments. Please note that if you choose to do so, we will still do our very best to support you in settling into life in Dublin. The most popular private rented accommodation options that students choose include; Adelaide Square, Aungier Street Residence, Castleway and Wyndham Court apartments, which are all located close to RCSI. If you wish to search for private



rented apartments, the following websites are useful. RCSI is located in Dublin 2, so search for accommodation in Dublin 2, 4 and 6 as these areas are closest to the College.

- daft.ie
- myhome.ie
- findahome.ie
- wyse.ie
- gumtree.ie
- let.ie
- homelocators.ie
- quillsen.ie
- huntsman.ie
- collegecubs.ie

If you intend to live in a rented apartment, please note that rented accommodation tends to be available for immediate occupancy.

If you have not secured accommodation in advance of arriving in Ireland, you should arrive early, complete your self-isolation and allow at least 3-4 weeks before term

begins in order to search for suitable accommodation and to allow time to get settled into your new life in Dublin. You should never book accommodation without first seeing or having someone that you trust check it over for you.

The Student Services Office is available to assist you with short-term and private rented accommodation queries. The Office provides listings of alternative types of accommodation, including host families and shared accommodation. Accommodation listings are most useful from July/August onwards.

For information on and assistance with accommodation please consult the www.rcseye.com or Email: studentservices@rcsi.ie

IMMIGRATION & VISA REQUIREMENTS

Do I need a visa to study in Ireland?

Not all students require a visa to travel to and study in Ireland. Please check the list below to see if you require a visa to enter Ireland to study.

NATIONALITY	VISA REQUIRED TO STUDY IN IRELAND	NATIONALITY	VISA REQUIRED TO STUDY IN IRELAND
Australia	No	Malaysia	No
Bahrain	Yes	Maldives	No
Bermuda	No	Mauritius	Yes
Botswana	No	Nigeria	Yes
Brazil	No	Oman	Yes
Canada	No	Pakistan	Yes
China	Yes	Qatar	Yes
Egypt	Yes	Saint Kitts and Nevis	No
Hong Kong	Yes (<i>Visa only required if you hold a Hong Kong SAR Document of Identity</i>)	Saudi Arabia	Yes
India	Yes	Singapore	No
Iran	Yes	Thailand	Yes
Japan	Yes	Turkey	No
Korea, Republic of	Yes	United Arab Emirates	No
Kuwait	Yes	United States	No
Lebanon	Yes	Zimbabwe	Yes
Libya	Yes		

A full list of nationalities who require a visa to enter Ireland are available at www.inis.gov.ie/en/INIS/Pages/Study

Applying for a Visa

If you do require a visa, please apply to the Irish Embassy that is assigned to your Country.

COUNTRY	IRISH EMBASSY/VISA APP CENTRE	PHONE
Afghanistan	Abu Dhabi, UAE	Tel: +971 (0)2 4958200
Algeria	Berne, Switzerland	Tel: +41 31 350 03 80
Azerbaijan	Ankara, Turkey	Tel: +90 312 459 1000
Bahrain	Riyadh, Saudi Arabia	Tel: +966 11 407 1530
Bangladesh	New Delhi, India	Tel: +91 11 4940 3200
Canada	Ottawa, Canada	Tel: +1 613 233 6281
China	Beijing, China	Tel: +86 10 8531 6200
Egypt	Cairo, Egypt	Tel: +202 27287115
Ethiopia	Addis Ababa, Ethiopi	Tel: +251 (11) 518 0500
Ghana	Accra, Ghana	Tel: +233 302 768417
Hong Kong	Visa only required if you hold a Hong Kong SAR Document of Identity	
India	New Delhi, India	Tel: +91 11 4940 3200
Indonesia	Jakarta, Indonesia	Tel: +62 (0) 21-2809 4300
Iran	Ankara, Turkey	Tel: +90 312 459 1000
Iraq	Riyadh, Saudi Arabia	Tel: +966 11 407 1530
Jordan	Amman, Jordan	Tel: +962 6 550 3234
Kenya	Nairobi, Kenya	Tel: (+254) 0205 1 353 00
Kuwait	Abu Dhabi, UAE	Tel: +971 (0)2 4958200
Lebanon	Cairo, Egypt	Tel: +202 27287115
Libya	Rome, Italy	Tel: +39 06 585 2381
Malaysia	Kuala Lumpur, Malaysia	Tel: + 603 2167 8200
Mauritius	Pretoria, South Africa	el: +27 12 452 1000
Morocco	Lisbon, Portugal	Tel: +351 21 330 8200
Myanmar	Bangkok, Thailand	Tel : +66 2 016 1360
Nepal	New Delhi, India	Tel: +91 11 4940 3200
Nigeria	Abuja, Nigeria	Tel: +234 9 4620611

COUNTRY	IRISH EMBASSY/VISA APP CENTRE	PHONE
Oman	Riyadh, Saudi Arabia	Tel: +966 11 407 1530
Pakistan	Ankara, Turkey	Tel: +90 312 459 1000
Palestine	Ramallah, Palestine	Tel: +970 2 240 6811
Peru	Santiago, Chile	Tel: +56 2 24024949
Philippines	Singapore	Tel: +65 6238 7616
Qatar	Abu Dhabi, UAE	Tel: +971 (0)2 4958200
Russia	Moscow, Russia	Tel: +7 495 9375 900
Saudi Arabia	Riyadh, Saudi Arabia	Tel: +966 11 407 1530
Sri Lanka	New Delhi, India	Tel: +91 11 4940 3200
Sudan	Nairobi, Kenya	Tel: (+254) 0205 1 353 00
Syria	Cairo, Egypt	Tel: +202 27287115
Thailand	Bangkok, Thailand	Tel : +66 2 016 1360
Tunisia	Madrid, Spain	Tel: +34 91 431 9784
Turkey	Ankara, Turkey	Tel: +90 312 459 1000
UAE	Abu Dhabi, UAE	Tel: +971 (0)2 4958200
Ukraine	Prague, Czech Republic	Tel: +420 257 011 280
UK	London, UK	Tel.: +44 (0)20 7235 2171
USA	Washington DC	Tel: +1 202 462 3939
Vietnam	Hanoi, Vietnam	Tel: +84 24 3974 3291
Yemen	Pretoria, South Africa	Tel: +966 11 407 1530
Zimbabwe	Pretoria, South Africa	Tel: +27 12 452 1000

A full listing of Irish Embassies are available

<https://www.dfa.ie/embassies/irish-embassies-abroad/#H>

Irish Residency Permit (IRP)

All Non EU students intending to study full time university courses in Ireland, including those who do not require a visa to enter Ireland, are required to obtain an Irish Residency Permit IRP (Formally known as the GNIB card). The IRP is obtained from the Irish Naturalisation and Immigration Service INIS, after you arrive in Ireland. You have 3 months from the time you arrive in Ireland to obtain your Irish Residency Permit.

The IRP is obtained from the INIS offices which a 15 minute walk from the College. Students are required to obtain an appointment to visit the INIS office to obtain their IRP. When attending for your appointment, you are required to bring a letter of registration from RCSI.

This letter can be requested through Moodle once you have commenced your programme and can be collected from the SARA Office. The letter will also include your Dublin living address which is required as part of your IRP application.

The IRP permit must be renewed annually and in the first year you are required to attend in person. In subsequent years, the IRP is obtained online without the need to attend the INIS office. An Irish Residence Permit costs €300 payable by debit or credit card.

The Irish Residency Permit

- Does not allow you to travel to or live freely in other EU countries. - All existing travel and immigration rules still apply.
- Must be carried all times and presented to an immigration officer or a member of An Garda Síochána (Police) if requested - this includes whenever you leave or re-enter the country.
- Is issued by post, it will not be given to you at your registration appointment.

How the appointment system works:

Due to COVID-19, the IRP appointment booking system is being redesigned by INIS and the online appointment system is not open at this time. INIS remain in contact with the Universities and booking appointments will be available from September. Full details will be available on the www.rcseye.com.

What to bring for your IRP appointment

As mentioned the appointment system is being redesigned but it is unlikely to change significantly. In previous years it worked as follows:

- Students registering for the first time are finger printed (much like in the airport)
- You are required to present the following at your appointment;
 - > Copy of your appointment confirmation
 - > Valid Passport (and entry visa, if required)

- > Your 2020/21 RCSI Student Card
(issued to you when you begin your course)
- > Evidence of Financial Support - e.g. current bank statement showing your name and balance of at least €3,000
- > A letter of guarantee from a parent or guardian indicating availability of sufficient funds to support you during your stay in Ireland; or a letter from your sponsoring body confirming financial status.
(Students from countries that require visas do not have to provide evidence of financial support)
- > A Registration letter from the College's Student Academic & Regulatory Affairs (SARA) Office. Please request this letter after registration from the SARA Office (this can be requested online through your Moodle site)
- > A receipt of fees paid from the Student Fees Office
- > Evidence of private medical insurance (MUST be purchased in Ireland)
- > Credit/Debit Card.

Please ensure that you bring all of the above documents with you, as you will not be able to register without them.

REMEMBER: You cannot register with the Immigration Office (INIS) until **AFTER** you have completed your RCSI registration and completed your self-isolation.

The INIS office will prioritise all Non EU students and are committed to ensuring that all students are provided for and receive an appointment to secure their IRP. This may include facilitating additional appointments/days to their appointment schedule if required or extending the period to complete the process beyond the normal 90 days.

BANKING

Prior to COVID-19, Allied Irish Bank (AIB) and Bank of Ireland (BOI) came on campus during the first week to assist students with opening their Irish Bank Accounts. Students could also go directly to designated branches of these two banks located close to the College. This year, in light of COVID-19, the Banks are reviewing the process by which International students will open their bank accounts. We will send details of this process to you as soon as it becomes available.

You cannot open a bank account until after you have completed your self-isolation. If your landlord is looking for an Irish Bank Account, please contact the Student Services Office who will provide a letter confirming that you are a newly arrived student of the College.

Please be reminded that your local ATM/ Credit and Debit cards will all operate in Ireland without the need to have an Irish Bank Account.

GARDA VETTING

Police clearance is not required to allow you to start your course. All students however will undergo Garda Vetting during their first year. Garda Vetting is required as part of your clinical teaching and is a standard protocol for all individuals working and training in the healthcare sector. Garda Vetting is organised through the SARA office and will require you to complete a form outlining all of the permanent addresses that you have lived in from birth.



STUDENT SUPPORT SERVICES

The welfare of RCSI students is a University wide priority and there are many support services available to you.

Learning Access & Facilitation Service (LAFS)

The learning access and facilitation service (LAFS) provides confidential advice and practical support to students who seek assistance with learning access and facilitation due to their disability, on-going significant medical condition or learning difficulty. In all cases, the services provided are in place to remove a disadvantage or impairment to learning due to a disability, a significant medical condition or learning difficulty.

If you have an evidenced disability, or significant medical condition or learning difficulty, or just need more information, please talk to the LAFS who are based in the CoMPASS Office. We will assess your needs and may be able to assist you in achieving your academic and professional goals. We understand some students may feel nervous about disclosing their personal circumstances. However, disclosure of your disability, significant medical condition or learning difficulty is confidential, professional and makes sense in terms of getting the support you need to be successful. Email: learningsupport@rcsi.ie

Student Financial Assistance

RCSI recognises that students may experience financial problems for a number of reasons, for example, due to unforeseen events like a family bereavement, accident or illness. EU students may apply to the Student Assistance Fund (SAF) and Non EU students to the Student Hardship Fund (SHF). The funds are managed through the Student Services Office

Email: studentservices@rcsi.ie

EU Students - Student Assistance Fund (SAF)

Funding is received from the Irish Government with assistance from the European Social Fund to support EU students. The SAF is aimed at tackling educational disadvantage by providing financial support to those who may require it to enable them to fully participate in their third-level education. The SAF is open to full-time EU students. Students will be required to provide financial information to support their application for assistance. This is a hardship fund and cannot be used for Tuition Fees, Electives, Loans or Personal Debt.

Student Hardship Fund (SHF)

The Student Hardship Fund is funded by the College and College Alumni. The SHF is available to both EU and Non EU Students. Students will be required to provide financial information to support their application for assistance. The Student Hardship Fund cannot be used for Tuition Fees, Electives, Loans or Personal Debt but can be used to support students who find themselves in hardship due to changes in their personal or family circumstances that have resulted in unexpected financial hardship.

Counselling Services

RCSI offers a professional independent confidential counselling service to all RCSI students, which is located off campus. Our counselling service has extensive experience over many years in providing counselling support to RCSI students. On behalf of RCSI, they manage a diverse panel of over 20 professionally registered counsellors with a broad range of expertise. As part of the counselling process, a student will firstly meet with a Clinical Psychologist who will carry out an initial assessment of their support needs. This is a collaborative process and will take into consideration a student's needs and goals. The student will then be matched with, and referred to, one of our specialist counsellors depending on what best suits their needs.

All counselling services are provided free of charge to students as part of our student welfare support.

Students may contact the Clinical Psychology Service directly –

Tel: +353 1 283 9366, through the Mercer Medical Centre, their Personal Tutor, Student Welfare, or the Student Services Office.

RCSI Student Welfare Supports

The CoMPPAS Student Welfare team provide confidential one-to-one support and advice for students at RCSI. The service is Social Worker led and is in place to help students reach their full potential and overcome any challenges that they may meet in their time at RCSI.

The Student Welfare team aim to:

- Provide a compassionate, inclusive and student centered service
- Promote positive mental health among the RCSI student body
- Implement personalised support plans collaboratively with students based on individual needs
- Promote the rights of the students and advocate on their behalf
- Provide individual consultations with students, run workshops and student events.

The team will also help students to access support from other helpful services including:

- Counselling
- Strategies for positive mental health
- Self Care
- Adjustment support, for settling into student life

- Academic related issues
- Feeling overwhelmed or anxious
- Making a plan to overcome any difficulties you may be facing

Staff Buddy System

We are conscious that International students who are joining us this year are required to self-isolate for 14 days. As an additional welcome and support, all new students will have access to a staff buddy if they so wish. Staff buddies are members of the academic and non academic staff who have volunteered to act as a link and contact point in the early days and weeks of your new journey.

The staff buddy and the student will communicate on an agreed schedule to catch up and check that you are settling in to your new life in Dublin.

Student Learning Communities & Personal Tutor System

The overall institutional objective for the coming academic year is to design a quality, fit for purpose curriculum incorporating multiple means of engagement which creates and maintains a sense of community for students. To achieve this, two elements will be central to creating supportive, constructive and collaborative learning experiences for students.

Learning Communities:

The creation of learning communities will provide an important sense of connection for students. Students will experience learning and teaching within their

community groups, and extracurricular/co-curricular activities will also be based around these learning communities or subgroupings. Students will be allocated to a Learning Community and welcomed into their Learning Community by students and staff before they commence their academic programme. Each learning community will have an Academic lead (member of Faculty) and a Student Engagement Lead. The Student Engagement Lead will lead the wellness and social activities of the Learning Community and help students to engage in areas of personal and group interest.

Personal Tutor System

Each student will be assigned a Personal Tutor who is a member of Faculty from the relevant year of the curriculum. The role of the Personal Tutor is focused on ensuring that each individual student is known and valued and that their needs are recognised and supported.

Timetabled small group sessions between tutors and students will occur on a weekly basis in the first weeks of the academic year. They will consist of discussions and activities which will provide academic and pastoral support to students.

Each group meeting (which can be facilitated online) will have a specific theme and focus e.g. time management and independent learning skills. Students will also have regular individual meetings with their personal tutor.

The Personal Tutor's role involves:

- Providing support
- Offering a listening ear
- Academic Advice

Academic staff are also available for consultation where students are experiencing academic difficulties. Students are encouraged to get to know their Personal Tutors, as they are a valuable source of support throughout the College years. You will be advised of your Personal Tutor after registration.

Student Welfare Officers

The Student Welfare Officers provide a caring and confidential service which provides support to all RCSI students. The Student Welfare Officers can guide students with up to date information on all RCSI policies and procedures and, where necessary, act as an advocate on a student's behalf.

Student Welfare Team:

Sinead O'Kelly

Email: swo@rcsi.ie
sineadokelly@rcsi.ie

Aoife Gilligan-Quinn

Email: aoifegquinn@rcsi.ie

Michelle Whelan

Email: michellewhelan@rcsi.ie

The general Student Welfare Team

Email: swo@rcsi.ie

CoMPPAS Student Assistance Programme (CSAP)

CSAP is a professional specialist information, personal development and counselling service available to RCSI students 24 hours/7 days a week, 365 days a year, including holiday periods. This service is available anytime to students anywhere in Ireland or abroad. The service is independent and the college will not be notified that you have accessed the service unless you ask and consent for this to be done. The service includes access to emergency confidential telephone counselling and local face to face counselling if required and can be accessed at any time.

To access the service call

Freephone 1800 995 955 (from Ireland)

Email: eap@vhics.ie

From abroad: +44 2037017293

Text: 00353 86 776 6010

The service can also be accessed via the CSAP online portal

www.wellbeing-4life.com

Access Code: **VHIRCOSI**

Niteline

Niteline provides a friendly and completely confidential listening ear for anyone who feels they need to talk about issues worrying them. Phone lines are open every night of term from 9.00 pm – 2.30 am.

Tel: 1800 793 793

niteline.ie

Niteline also offer an online listening service via instant messaging.

Please Talk

Please Talk was first launched in January 2007 in UCD. It was in response to the deaths of a number of students by suicide. Please Talk urges students to understand that talking is a sign of strength, not of weakness, and if they are experiencing problems while at college, there are

people there who can help. It promotes this message through a collaborative effort involving the various support services present in colleges up and down the country such as: counsellors, student support officers, students' unions, disability support services and many more, www.shine.ie/please-talk



HEALTH SERVICES



Student Health Primary Care

A comprehensive student health service is available at the RCSI Department of General Practice in the Mercer Medical Centre. Consultations are by appointment (Tel +353 1 402 2300). A full range of services are available, including treatment of injuries and advice regarding lifestyle. Consultation fees are covered by RCSI, however students are responsible for house calls and prescribed medication charges. For further information regarding student health, visit [mercersmedicalcentre.ie](https://www.mercersmedicalcentre.ie)

Emergency/Hospital Services

All registered Non EU students are deemed ordinarily resident in Ireland* and are entitled to public care in a public hospital. International students in full time courses are effectively treated the same as any

other Irish citizen. Admission to hospital is subject to a government levy of €80 per night, up to a maximum of €800 in one year. Attending an Accident & Emergency Department (ER in some parts of the World) incurs a cost of €100 (this is per illness, for life). This charge is waived if you are referred to the A&E Department by a General Practitioner.

Please note, that if you are admitted to hospital due to COVID-19, your full hospital costs will be covered by the Irish Government.

Non-EU students are regarded as "ordinarily resident" in Ireland if they satisfy the Health Board that it is their intention to remain in Ireland for a minimum period of one year. Evidence which may be sought which can be satisfied by:

- Proof of property purchase or rental, including evidence that the property in question is your principal address
- Evidence of transfer of funds, or bank accounts
- Irish Residence Permit Card (IRP Card)
- Visa or residence permit as stamped on passport
- Signed affidavit by the applicant

Health Insurance

All Non-EU/EEA students are required to have Private Medical Insurance to obtain their Irish Residence Permit. Newly arrived first year students can use 1 or 2 of the following to fulfil the health insurance requirement:

1. Purchase private medical insurance – which must be purchased in Ireland

OR

2. Travel insurance which must cover the student for;
 - The entirety of their stay up to a maximum of 1 year
 - A minimum of €25,000 for Accident and €25,000 for Disease
 - Any period of hospitalisation

Please note that:

- Travel insurance can only be used for newly arrived first year students and medical insurance, purchased in Ireland, must be used for all subsequent years.
- Insurance policies purchased in your home country will not be accepted by the Irish Naturalisation & Immigration Services (INIS).

If you require further information please read the document, Private Medical Insurance Requirements for Non-EU/EEA Students – inis.gov.ie

Private Health Insurance is essential with annual costs depending on the plan chosen. Further information is available from the Student Services Office or the www.rcseye.com website.

Information on Private Health Insurers operating in Ireland:

- O'Driscoll O'Neill Insurance (Please note that although O'Driscoll O'Neill offer the most competitive rates for students, which is sufficient for immigration purposes IT DOES NOT COVER pre-existing illnesses or newly diagnosed illness. Therefore we strongly recommend that if you avail of this policy, you should also take out a more comprehensive package with another provider) odon.ie/rcsi

The 3 large full health insurance providers in Ireland are:

- Voluntary Health Insurance VHI
Tel: +353 1 890 44 44 44
vhi.ie
- Laya Healthcare
Tel +353 21 202 2000
layahealthcare.ie
- Irish Life Health
Tel: +353 1 890 717 717
irishlifehealth.ie



Vaccinations

All newly registered students must undergo serological screening. The College will arrange for such screening and follow up. RCSI can ONLY accept vaccinations carried out by the RCSI Mercer's Medical Centre to ensure that all students are in compliance.

The cost of the RCSI vaccination programme for all Non EU students is covered as part of your tuition fee. There may be a small charge for additional vaccines not covered by the standard programme. Screening and immunisation are compulsory and failure to comply may result in discontinuation. Queries can be addressed to the Mercer Medical Centre.

Health & Safety

It is the policy of the Royal College of Surgeons in Ireland to provide a healthy and safe study environment. This can only be achieved successfully with the cooperation and vigilance of the staff and students. According to the Safety,

Health and Welfare at Work Act 2005, all staff and students have a "duty of care" to themselves and others, to work in a safe manner. To this end, white coats, safety glasses, and other protective clothing must be worn when required. Students are also reminded that it is a criminal offence to interfere with or misuse equipment provided for their collective safety.

Action will be taken against any student who deliberately endangers the health and/or safety of others. For example, misusing fire extinguishers.



COMPUTER AND IT SERVICES

All undergraduate students are provided with an Apple MacBook laptop for academic use. This laptop will be provided to you at the start of your academic programme. When you start your laptop for the first time, you will be asked to input your RCSI login credentials and the machine will automatically download software to configure the machine to your course. Your login details will be provided to you when you receive your laptop. Instructions on setting up and using the teaching software will be provided to you in advance of your course.

If you wish to connect a personal laptop/ computer to the College network (other than the device provided to you by RCSI), you must contact the IT department to arrange a system check. Failure to notify the IT department about connecting a personal computer to the RCSI network may result in suspension of your network services/ privileges.

YOU SHOULD INSURE YOUR LAPTOP!

Please note that your laptop is essential for RCSI course work. It is your responsibility to look after it carefully. RCSI cannot replace it in the event of it being stolen or damaged

beyond warranty repair. A laptop 'insurance letter' for RCSI students is available from the Student Services Office.

This letter will enable you to obtain insurance. Cover4students provides specialist contents and possessions insurance for students.

Email: info@cover4students.com

Web: www.cover4insurance.com

Virtual Learning Environment (VLE)

Moodle, the RCSI VLE (vle.rcsi.ie) is a valuable resource for all registered students, facilitating access to a wide variety of information: class timetables, lecture notes, multimedia tutorials, examinations results, self-assessment tests and calendar of events for clubs and societies. It is password protected for the exclusive use of RCSI students.

To log on to the system, simply enter your RCSI provided network user name and password.

E-mail

All students are provided with an e-mail address after registration. It is mandatory that students use this e-mail address for all communication with the College. Important notices will be sent to students via their RCSI e-mail address. We therefore recommend students check their inbox on a daily basis.

Network

RCSI has, in addition to the wired network, numerous WiFi access points available to students to connect with the network/internet. Students must be aware that use of the internet is subject to the RCSI Acceptable Usage Policy.

IT Support

The College offer IT support to students through the IT Helpdesk, which is located in the IT Department, Ground Floor, 121 St Stephen's Green.

IT HELPDESK

Email: helpdesk@rcsi.ie



A photograph of three young adults playing pool in a recreation room. On the left, a woman with long dark hair, wearing a light-colored button-down shirt and a matching skirt, holds a pool cue. In the center, a man with short red hair, wearing a blue long-sleeved shirt and light blue jeans, is in the middle of a shot. On the right, another man with dark hair, wearing a white t-shirt and dark jeans, is smiling and watching the game. The pool table has a red felt top and several balls are visible. The background is slightly blurred, showing other parts of the room.

GENERAL FACILITIES & SERVICES AT RCSI

Crèche Facilities

Crèche facilities are available to registered students of RCSI at a discounted rate through Giraffe Childcare & Early Learning. Giraffe develop and operate Childcare and Early Learning Centres for pre-school children from three months and upwards.

Please note that rates vary depending on the location of the centre and places are limited so early booking is advisable. Emergency care is also available when other care arrangements are temporarily unavailable.

For further information:

Email: info@giraffe.ie giraffe.ie or contact the Student Service Office

Food & Catering

Catering for the needs of our international student body, our on-campus restaurant and two coffee shops serve a wide selection of freshly-made food and drinks, including vegetarian and halal-friendly options.

'Remedy', a Coffee Shop located in the lower Ground Floor of 123 SSG, opens at 7.30am and is the idea place to kick start your day with a caffeine fix. Offering quality coffee with quick breakfast and lunch options to stay or to go.

'The Dispensary' is for Starbucks lovers where students can grab their Tall, Grande, and Venti hot drinks and snacks. The

Dispensary also opens from 7.30am and is located on the ground floor of 26 York Street.



'1784' is the main College Restaurant and is located beside Remedy on the lower ground floor of 123 SSG. Named 1784, (in honour of the year that the College was established), the restaurant operates from 7.30am to 3pm, Monday to Friday and serves up a wide variety of eating options from snacks to full meals.

Libraries

The College has two Libraries, 26 York Street and Beaumont Hospital. The Libraries provide access to a wide range of study spaces, an extensive collection of biomedical resources, and an expert library team. Learning how to find, evaluate, use, and manage information is an integral part of your healthcare studies.

The library team provide guidance and support through a dedicated team at

Information Desks in 26 York Street and Beaumont Hospital, curriculum sessions, online via the Library website, Moodle, LibGuides, a Student App and Library BiteSize sessions that are available throughout the year. As you progress through your programme, the Library staff are on hand to support you with finding and using information at all stages of your studies - your first assignment, while on clinical placement, with patient care information - to enrich your student experience. The Library can be contacted at: E-library@rcsi.ie

Lockers

All new students are issued with a locker at the beginning of the academic year. Allocation of lockers will take place after the self-isolation period has been completed.

Mobile/Cell Phones

Your own personal mobile/cell phone may operate in Ireland. It is essential that you check with your local service provider. You may want to buy a mobile phone when you come to Ireland. Mobile/Cell phones can be purchased from a variety of shops located around the city. Prices start from €20. Compare the cost of a 'pay as you go' mobile phone and a phone with a monthly bill.

There are several mobile phone companies in Ireland: Vodafone, 3, Tesco and Eir. Each company has several outlets close to the College. Credit for mobile phones can be purchased in local shops. Once you open a bank account you can also buy credit at

an ATM. Most mobile phone provider websites contain information about mobile phone prices and call rates, so you can get an idea as to which phone would suit you best. Phones can be purchased online and each website gives a store locator. You may also try purchasing phones and/ or comparing phone and plan prices at Carphone Warehouse.

If you are completing your self-isolation in one of the RCSI on-campus accommodation facilities, arrangements will be in place to allow you to purchase SIM cards for your mobile phone while you are completing your self-isolation.

Prayer Rooms

The College has a multi-denominational oratory and prayer rooms for students of the Islamic faith. Prayer rooms are also available in Beaumont and Connolly Hospital, RCSI's two main teaching hospitals.

Sports Facilities

No. 26 York Street is home to state of the art sports facilities including an intervarsity size basketball court, the main gym, a ladies gym and a studio. The Basketball court accommodates a variety of activities including volleyball, five a side soccer, badminton and cricket. The studio adjacent to the gym can host yoga, pilates, dance and much more and our ladies only gym is a private gym with cardiovascular and toning equipment that provides a private area for ladies of all abilities to workout.





RCSI Gym

We understand that busy students need the very best facilities to balance their academic and health and fitness ambitions. Our fitness centre caters for complete beginners to regular exercisers and offers the very best gym equipment available anywhere in Ireland. Our cardiovascular suite has over 40 pieces of equipment to ensure you get the best variety in your workouts. To tone, build and sculpt your body, you will need resistance machines and with our range of over 30 sectorised weight machines, you will get the results you want in an effective and safe way. Our weights room contains over 2,500kg of plates and dumb bells and a large range of racks, benches and platforms. You can be sure of hitting your strength and conditioning goals.

The gym team, who are all qualified and experienced fitness professionals, are always on hand to assist you in achieving

your health and fitness goals in the most time-effective way. From tailored fitness programmes and nutrition advice to sports specific programmes, they are available at all times to ensure you get the very best results. Extensive opening hours mean that the gym is open when it suits you - be it an early session to wake you up, a lunchtime workout to invigorate your afternoons' study or a late night class to finish your day strong. [E-mail: gymaccess@rcsi.ie](mailto:gymaccess@rcsi.ie)

Sports Co-ordinator

The RCSI Sports Co-ordinator is responsible for all matters relating to sports and for providing assistance and support to the College's sports clubs/teams. RCSI has playing fields at Railway Union Rugby Club where a flood-lit rugby pitch, soccer pitch and cricket wicket are available. In addition, the college contracts with other sporting facilities to ensure that our students needs and requirements are met.

Student Union (SU)

The Student Union aims to maintain and promote the education, social and general welfare of all students. All students are automatically full members of the Student Union with voting rights in the election of Officers and Class Representatives. Elected annually by the student body the SU consists of eight officers:

- President
- Vice President
- Societies Officer
- Education Officer
- IT Officer
- Events Officers
- Treasurer
- Cultural Officer
- Welfare Officer

The Student Union is the link between Faculty/Administration and the student

body and the officers attend and represent the students at a number of College Committees including Academic Council and the Student Affairs Committee.

The SU ensure that the students voice is heard on all matters related to their academic and non-academic life.

The Student Union works closely with the Deans Office, the SARA Office, the Student Services Office and the IT department to provide feedback to the College and to develop quality improvement measures across all aspects of College life. They also work closely with the Sports & Societies Unions and contribute to the comprehensive social life at RCSI. Their most visible events of the year are Freshers' Week, SU College Ball and Chocolate Ball.

E-mail: su@rcsi.ie for more information.



STUDENT LIFE



Student life is a rich and vibrant part of RCSI. Here is a small flavour of some activities that take place annually:

> **Cultural Diversity Month** is organised by the Student Union and the Student Services Office to celebrate the diversity of the RCSI student body. One of the many events is the Cultural Exhibition Fair where students set up stands and exhibits showcasing their country, culture, landscape, food and traditional dress from their homelands.

> **World Music Night and the RCSI World Cup Five Aside Soccer** competitions are just two of the many other cultural theme events that also take place during Cultural Diversity month

> **International Night** is one of the major student social events of the year, which showcases the ethnic diversity within the

College. This memorable night is spent travelling around the world in a matter of hours through dance, drama, and music. Not to be missed!

> **International Food Night** is organised annually by the Gourmet Society, this feast for the stomach and the senses celebrates the multicultural backgrounds of the RCSI student body through food. YUMMY!

> **The Chocolate Ball** is another popular event. As the name suggests, there is a LOT of chocolate involved. The Caribbean-African Society (CAS) organises the Ball. The proceeds from the event go to charity.

> **The Music Society** organise Ballad Sessions each academic year. Great music, great fun.

> **Boston Marathon** RCSI students are fortunate to participate annually in the Boston Marathon. This affords students

a great opportunity to travel to the USA with the College's Running Club.

> **College Ball** Organised by the Student Union, the College Ball takes place every year in late spring. It affords a final chance for students to let their hair down before the serious business of exams! This themed night is always a glitter filled affair.



> **The Graduation Ball** is one of the highlights of the social calendar at RCSI. It is both a joyous and sad occasion, as we say goodbye to our Final Year Students and wish them well in their future careers.

Clubs and Societies

Participation in student life is strongly encouraged by the College as clubs and societies are a wonderful way to make friends in RCSI across all academic years in the College. Having a network of friends in the years ahead of you and in other disciplines is a resource which should not be underestimated. There are clubs and societies to suit all tastes so please sign up and get involved.

Clubs

- > 5-a-side Soccer
- > Athletics
- > Basketball Ladies
- > Climbing
- > Cycling
- > GAA Ladies
- > Golf
- > Hockey Mens
- > Karate
- > Kitesurfing
- > Netball
- > Pool (Snooker)
- > Softball
- > Swimming
- > Tag Rugby
- > Tennis
- > Volleyball Mens
- > Archery
- > Badminton
- > Basketball Mens
- > Cricket
- > Equestrian
- > GAA Mens
- > Hockey Ladies
- > Judo
- > Kickboxing
- > Outdoor pursuits
- > Polo
- > Rugby
- > Soccer
- > Squash
- > Table-tennis
- > Taekwondo
- > Volleyball Ladies
- > Yoga

Societies

- › AMSA - American Medical Student Association
- › AMSI - Assoc. of Medical Students Ireland
- › Anaesthesia and Intensive Care Society
- › Animal Welfare Society
- › Art Society
- › AWS - Assoc. of Women in Surgery Society
- › Biological Society
- › Cancer Society
- › Cardiovascular Society
- › CAS - Caribbean African Society
- › Choral Society
- › Christian Union
- › CIMSA - Canadian Irish Medical Student Association
- › Debate Society
- › Dance Society
- › Diversity Newspaper
- › Emergency Society
- › Environmental Society
- › Friends Of MSF Society
- › Gourmet Society
- › Leadership & Healthcare Management Society
- › Music Society
- › MESA - Middle Eastern Student Association
- › MUN - Model United Nations Society
- › Neuroscience Society
- › Obstetrics and Gynaecology Society
- › Paediatrics Society
- › Palliative Care Society
- › Pathology Society
- › Pharmacy Society
- › Photography Society
- › Physiotherapy Society
- › PIBS - Pakistan, India, Bangladesh and Sri Lanka Society
- › Pride Society
- › Psychiatry Society
- › Red Cross Society
- › Royal College Players
- › SEA - Southeast & East Asia Society
- › Surgical Society
- › UNICEF Society



LIVING IN DUBLIN

Cost of living

The cost of living in Dublin will vary from student to student. Please see below for an estimate, but bear in mind that these are estimates only and that each individual will have their own financial needs based on their own lifestyle and circumstances.

Monthly budget estimate

Accommodation €700 - €1,600 (Depending on type of accommodation)

Food €150 - €400

Light, Heat, Bins €100

Public Transport €100 - €120

Clothes, entertainment, other living expenses €250

Textbooks (Once annually) €100 - €200

Estimated Total: €1,300 upwards
depending largely on your accommodation choice.

Initial 'Settling-In' Allowance

- When renting property in the private rental sector, you will be required to sign a lease and pay the first month's rent plus a deposit in advance. Leases are legally binding. The deposit is normally the same amount as the monthly rental figure. Minimum lease period is usually 1 year and if you vacate prior to this period you will be liable to pay rent for the remaining period or find a new tenant to take over the lease, subject to landlord approval.
- Miscellaneous items may have to be purchased, e.g. crockery, cooking utensils, bed linen, etc. These items may differ depending on what is supplied and what you will need to make your accommodation work for you.
- Warm and weatherproof clothing may also need to be purchased.
- Mobile phones can be purchased from a variety of phone shops located around the city. Prices start from €20 but there are terms and conditions. Prepaid mobile phones also exist where you can purchase top up credit. This option means there are no large monthly bills to pay. Check special offers with the retailer. Special purchase 'call cards' can be purchased at reduced rates for overseas calls. Alternatively Skype, Whatsapp, Messenger, FaceTime, and various other apps, are low cost methods of video calling.
- Other items you will need to budget for include: stationary, photocopying, printing, books, toiletries, laundry, etc. If you have a TV you must purchase a television license at a cost of €60 per annum. Available at any Post Office, alternatively apply online at anpost.ie

Travel Costs

The average price of a single city bus fare is €2.15 (cheaper with a LEAP CARD); the average single LUAS fare is approx. €2.10. Monthly student bus tickets include the following options: Bus only 30 days unlimited costs €120, or bus and LUAS unlimited costs €30.00 per week. Both options require a Student Leap Card. LUAS only 30 day tickets range from €45.50- €75 for students - again, a Student Travel Card is required for this option.

Student Leap Card Student

Leap Card is Ireland's leading student discount card offering exclusive discounts of up to 40% on bus, rail and light rail. In addition, the card gives over 200 discounts nationwide by showing the card in-store as well as online using your unique card number.

The Student Leap Card application forms are available online studentleapcard.ie or from the Student Services Office. To apply you will need your College ID (student number), €10 fee, and a completed Student Leap card application.

The International Student Identity Card (ISIC)

The International Student Identity Card (ISIC) is an internationally recognised student card which provides a wide range of benefits and services. isicard.ie

Bicycles

Travel by bicycle is also an option in Dublin. Bicycles can be purchased new or second hand from local shops. There are secure bicycle parking areas located in the College. It is essential that you insure your bicycle and keep it locked.

Public Bicycle Scheme

The Public Bicycle scheme provides 102 public bicycle stations around the city with several hundred bicycles available for general public use. You can find out more about how to collect, return and pay the small fee for public bicycle from the website dublinbikes.ie





Car

Should you decide to travel by car, parking is available in the city, but is very expensive (approx. €2.50/€3.00 per hour). Discounted parking is available to students at Q park which is beside the College for €11 a day. On street parking is available at meters, but this is difficult to secure and many streets only allow a 2 hour maximum period. Car insurance is very expensive in Ireland, especially for drivers under 25 years of age. Quotes vary depending on experience, age, etc. Contact individual companies for costs.

If you do chose to drive in Ireland you must have a valid driver's license. For further information regarding car tax and licences contact the Motor Taxation Department motortax.ie.

Rental Cars

Go Car rentals are available for short duration cars and van rentals with rates staring from €9 an hour. A full driving licience that is recognized for use in Ireland is required. Further information is available on gocar.ie

Entertainment Costs Depends on personal choice.

Cinema seats cost from €10.00. Student discounts are available to holders of a student card. Night Club entrance (cover charge) €10.00 to €15.00; theatre and concert tickets from approximately €25.00. A pint of beer in a city pub costs on average €4.50 - €5.00, a glass of wine approx the same (coffee & tea from €2.50).

Most parks and museums, art galleries, cinemas and theatres, etc. have free entrance or offer student discounts.



Miscellaneous Costs

Postage Republic of Ireland & Northern Ireland: €1 for a letter or postcard. Great Britain, Europe and Rest of the World: €1.35 for a letter or postcard.

Please note that all the above figures are approximations, as some students will live on less and some on more, depending on their allowance.

PERSONAL SAFETY



Dublin is a safe city, but like most cities, due care is required.

The Irish Police Force is called the Garda Síochána (meaning 'Guardians of the Peace'), usually called the Gardaí for short.

The force is unarmed and is headed by a government appointed Commissioner.

The Student Services Office are available to brief students on the personal safety issues relative to any particular area that they are considering to rent an apartment in. When in College, students are advised to keep all personal items in their lockers and not to leave items of value lying around. Items kept on site are at the owner's risk. RCSI cannot be held responsible for personal items lost/stolen.

On Campus Security

On-Campus Security personnel can be contacted in the case of an emergency:

- **St Stephen's Green Campus**
Tel: +353 1 402 2219
- **Mercer Buildings**
Tel +353 1 402 2219
- **Beaumont Hospital Campus Main Hospital Security**
Tel +353 1 809 2110/2142
- **Smurfit Clinical Science Building Beaumont**
Tel +353 1 809 3819
- **Connolly Hospital Blanchardstown**
Tel +353 1 646 5641

Security Tips

- Do not carry large amounts of cash around with you
- Keep all your valuables (money/wallet, passport, etc. in a safe place)
- Keep your purse/wallet and other valuables on your person at all times rather than in a bag
- Do not walk around with expensive cameras, laptops etc visible
- Be very careful with handbags or backpacks, especially in cafés and restaurants
- Do not walk alone in unfamiliar, unlit areas at night and if you are socialising at night, please avoid unfamiliar areas and travel with a friend
- Use a Taxi App to book a taxi. It's reliable and is fully traceable if there is an issue or if you leave something in the taxi. The Taxi App in Ireland (similar to Uber) is called 'Free Now' and can be downloaded from the App Store. You can pay by cash or set up an account on your credit/debit card which makes your journey cashless: useful in an emergency.
- If anyone makes an offensive remark or if you are subjected to any type of harassment or bullying, ALWAYS report the incident. Inform Gardai, College Security or the Student Services Office – whichever is closest to hand
- Do not give the key of your apartment to friends and do not leave keys in letterboxes for collection by friends. Never leave the door on the latch or unlocked
- Keep a photo of your passport, IRP card, plane tickets, etc. on your phone
- If your wallet/student card/luggage, etc. is stolen, or if you are the victim of a crime, report the incident to the nearest Garda (police) station and ask for a written record
- If you are a cyclist, make sure to use a strong lock when you leave your bicycle in public spaces. Use lights and wear reflective clothing when cycling at night. We also advise you to wear a cycle helmet at all times
- If you decide to drive a car when in Ireland, it is illegal to drink and drive. This is against Irish law and endangers others as well as yourself. If you are offered a lift by someone who has been drinking, please decline the offer and make other travel arrangements
- Students should not make any payments for a deposit and/or rent for private accommodation before arrival in Ireland. Always view accommodation before signing a lease or paying any money.

A Student Safety Handbook is available from the Student Services Office, on the RCSI website rcsi.com, and on Moodle (VLE).

Above all: BE SAFE, NOT SORRY!

TRAVEL & TRANSPORT

Public Transport in Dublin

Dublin Bus

Dublin Bus runs all public bus services in the greater Dublin area. Buses start from 5am and finish at midnight. Dublin Bus also operates a night time bus service called Nitelink, which runs from the City Centre to the suburbs. Nitelink buses run on Friday and Saturday nights from 12:00 am-4:00 am. The Nitelink fare costs €5.

For further information on bus timetables and fares, please visit dublinbus.ie

Taxi

A taxi from Dublin Airport to the City Centre costs approximately €25. Taxi drivers may add extra charges for each passenger and for luggage and there are premium rates later in the evening and at weekends.

Taxi rates are available at rates see transportforireland.ie/fares/taxi

Dublin is well supplied with Taxis and they are readily available in hotels, rail or bus stations or at taxi ranks, which are clearly marked. It is preferable to book taxis through Free Now, Lynx, or other App based sites rather than hailing taxis from the street. By using App based services your driver is fully traceable should an issue arise or should you leave any personal items in the car.

LUAS

LUAS (meaning 'speed') is the Light Rail transport system in Dublin. The LUAS connects suburban parts of Dublin to the City Centre with a high capacity and high frequency transport service.

There are two Luas lines, the Red Line and the Green Line. The Red Line has 32 Stops and runs from Tallaght to The Point and from Saggart to Connolly. The end-to-end journey time is 50 minutes.

The Green Line has 35 Stops and runs from Brides Glen to Broombridge via St. Stephens Green. The end-to-end journey time is 1 hour. The St. Stephen's Green stop on this line is located immediately across from the College which makes living anywhere along the Green Line convenient to RCSI. The Red and Green lines intersect in the City Centre allowing passengers to change from one line to the other. Further information on luas.ie

DART

The Dublin Area Rapid Transport Services (DART) is an electrified commuter rail network serving the coastline and city centre of Dublin. The service makes up the core of Dublin's suburban railway network, stretching from Greystones, County Wicklow, in the south to Howth and Malahide in north County Dublin. The DART serves 31 stations and consists of 53 kilometres of track. A trip to the fishing

village of Howth or the pretty coastal towns of Malahide and Greystones are nice way to see a little further than the City without having to put too much effort into your day out. The times of the DART vary between every five minutes at rush hour to every half hour on Sundays. The main DART stations servicing Dublin city centre are Pearse Station, Tara Street Station and Connolly Station. For timetables see irishrail.ie

Ferry Terminals

Sea ferries operate between France and Ireland and Britain and Ireland. Dublin has two ferry terminals, located at the North Wall and Dun Laoghaire. The ferry companies operating from Dublin are:

Stena Sealink: stenaline.ie

Irish Ferries: irishferries.ie

For a small country, Ireland offers an enormous diversity of landscapes: from long, sandy beaches to rugged coastlines; from bogland plains to the dramatic cliffs on the West coast, with much more in between. The environment provides endless opportunities for outdoor leisure pursuits, including water sports, hill walking and rock climbing.

Cities, towns and villages in Ireland also offer boundless opportunities for relaxation and recreation, including clubs, restaurants, museums, art galleries, craft exhibitions, and music & arts festivals. Festivals are held throughout the year all over the country and are a wonderful opportunity to sample some Irish culture whilst getting to know different parts of the island.

Because of its size, travel within Ireland is relatively easy.

CIE (Córas Iompair Éireann) - the national transport service – operates trains, buses and coaches throughout the country.

- Irish Rail (Iarnród Éireann) operates services to all provincial cities from two stations in Dublin, Heuston Station and Connolly Station, both of which are located in the city centre. There are two classes, standard class (economy) and super standard (1st class). With a Student Travel Card, students may avail of discounts on train journeys. For timetables see irishrail.ie
- Bus Éireann (Irish Bus) has a nationwide network of buses serving all of the major Irish cities outside the Dublin area. In addition, there is an interlink service connecting these major points to small towns or villages. Buses leave from and arrive at, Busáras (Central Bus Station), which is located on Store Street in the city centre, near Connolly Station. Bus timetables are available at buseireann.ie

Flying

Direct and connecting flights are available to numerous destinations from Dublin Airport www.dublinairport.ie

For information about flying with the three major Irish airlines, Aer Lingus, Ryanair and Aer Arann please visit their websites: aerlingus.ie ryanair.ie aerarann.ie

WORKING IN IRELAND

EU/EEA Students

All nationals from the EU/EEA are free to take up employment in Ireland while studying.

Non EU Students

Non EU students registered in medicine, physiotherapy and pharmacy are entitled to take up casual employment (defined as up to 20 hours part time work per week or full time work during normal college vacation periods). If you choose to work you will require a Personal Public Service PPS number.

PPS (Personal Public Service) number

All employees in Ireland have a PPS number for tax purposes. If you take up a job you must apply for a PPS number. Only the Department of Social Protection can provide you with a PPS Number. You can find a list of the social welfare local offices that can register PPS Numbers on the Department of Social Protection's website (welfare.ie). Please note that some offices

operate an appointment only system. You should contact the office to check if an appointment is required. You will need to take the following along with you:

EU/EEA Students

- Passport
- Proof of Address (utility bill in your name/bank statement/student letter)
- Explanation and evidence of why a PPS Number is needed

Non-EU/EEA Students

- Passport
- Irish Residence Permit
- RCSI student card
- Proof of address (utility bill in your name/bank statement/registration letter from the SARA Office confirming you are a registered student.

Please note that accessing some government services requires students to have a PPS number, for example, driver theory testing and driver licenses.



ABOUT DUBLIN

Fair City

Dublin was founded as a Viking settlement over one thousand years ago on the banks of the River Liffey. It became an administrative capital after the Norman conquest of Ireland in the twelfth century and developed its own parliament and government institutions under British sovereignty from the fourteenth century onwards.

During the eighteenth century, the city grew rapidly. Dublin is now the thriving capital of an independent Ireland and is the centre of the political, diplomatic, administrative and commercial life of the country. It is home to a population of approximately 1.6 million people.

We hope that you will get to know the city while you are here, and enjoy all the facilities that it has to offer.

Facts about Dublin City

- Dublin is the capital city of Ireland
- The city covers a land area of 115 square kilometres
- The city is sited on the estuary of the River Liffey
- This river empties into Dublin Bay which opens onto the Irish Sea
- Climate
 - ◆ Average summer temperatures: 10°C to 15°C/61°F to 68°F
 - ◆ Average winter temperatures: 4°C to 7°C/39°F to 45°F
- Population › Approx. 1.66 million (greater Dublin area)
- Twinned Cities › Barcelona, Catalonia, Spain › Liverpool, United Kingdom › San Jose, California, USA



Visitor Attractions

- ◆ Chester Beatty Library & Gallery of Oriental Art Dublin Castle cbl.ie
- ◆ City Hall Lord Edward Street, Dublin 8 dublincity.ie
- ◆ Custom House Custom House Quay, Dublin 1
housing.gov.ie/department/custom-house

- ◆ Dublin Zoo Phoenix Park, Dublin 8
dublinzoo.ie
- ◆ Gaelic Athletic Association Croke Park gaa.ie
- ◆ General Post Office (GPO) O'Connell Street, Dublin 1 anpost.ie
- ◆ Guinness Storehouse, Guinness-storehouse.com
- ◆ Hugh Lane Municipal Gallery Parnell Square, Dublin 1 hughlane.ie
- ◆ Kilmainham Gaol (Jail) Inchicore Rd, Kilmainham, Dublin 8
kilmainhamgaolmuseum.ie
- ◆ Leinster House - Dáil Éireann - Irish Parliament Kildare Street, Dublin 2
gov.ie
- ◆ The National Gallery of Ireland Merrion Square West, Dublin 2
nationalgallery.ie
- ◆ Natural History Museum Merrion Square West, Dublin 2 museum.ie
- ◆ National Library Kildare Street, Dublin 2 nli.ie
- ◆ National Museum Kildare Street, Dublin 2 museum.ie
- ◆ Aviva Stadium Landsdown Road, Dublin 4 avivastadium.ie
- ◆ St Patrick's Cathedral Wood Quay, Dublin 8 stpattrickscathedral.ie
- ◆ St Stephen's Green Public Park St Stephen's Green, Dublin 2
ststephensgreenpark.ie

USEFUL INFORMATION

Public Holidays

Republic of Ireland

New Year's Day 1st January

St Patrick's Day 17th March

Easter March/April (dates vary)

May Holiday First Monday in May

June Holiday First Monday in June

August Holiday First Monday in August

October Holiday Last Monday in October

Christmas Day 25th December

St Stephen's Day 26th December

Bed & Breakfast (B&B)

The Student Services Office can advise you of B&B's (guest houses) close to RCSI. It costs approximately €70-80 per person per night to stay in a B&B in Dublin.

Credit Cards

All major credit cards are accepted throughout Ireland at hotels, restaurants, etc. Some rural guest houses may prefer cash.

Culture Shock & Homesickness

Although studying in a country other than your home country is an exciting and rewarding experience, adjusting to life in a new environment can sometimes be difficult. You may miss your family or your favourite food.

You may find it challenging to communicate your feelings to people you meet or you might be confused at the beginning as

to how to get around Dublin or to find an apartment. And you might even get homesick once in a while. All of this is a normal part of adjusting. It will pass. Phone or Skype your parents or speak to your friends to offset homesickness.

Remember that the first semester is usually the most difficult so please keep this in mind if you feel lonely or isolated. If you need some friendly advice on life in Dublin, or if you have any serious issue with culture shock and homesickness, the Student Services Office staff will be happy to assist you.

All RCSI staff are committed to supporting students, so there is a large group of people you can call on.

Currency

The official currency of Ireland since January 2002 is the Euro (€). The Euro is equivalent to 100 cents and coins come in 1c, 2c, 5c, 10c, 20c, 50c, €1 and €2 denominations. Notes are €5, €10, €20, €50, €100, €200 and €500.

The Euro can be used throughout the nineteen countries in the Euro zone, which are: Austria, Belgium, Cyprus, Estonia, Finland, France, Germany, Greece, Ireland, Italy, Luxembourg, Malta, Netherlands, Portugal, Slovakia, Slovenia Spain, Latvia and Lithuania. You can convert the currency of your country into Euro on xe.com

Dentists

A list of dentists close to RCSI is available from the Student Services Office and on Moodle (VLE). Students are personally responsible for their own dental costs/expenses.

Electricity

Irish electrical current is 220 volts (50 cycles) AC. The plugs most commonly used are 3-pin flat. As the Irish voltage is different to US/Canadian voltage, if you are bringing electrical appliances, you will need to bring/buy a voltage converter. Voltage converters are available from most electrical stores.

Embassies

You can obtain a list of embassies in Dublin online by logging on to the Department of Foreign Affairs website: dfa.ie. A list of Embassies is also available on Moodle (VLE).

Emergency

In an emergency you should phone 999 or 112 (ambulance, police, fire brigade service). If you are experiencing an emergency on campus, please contact campus security (see '*Security in Useful Contacts in RCSI*').

Food & Shopping

There is a wide choice of food shops and restaurants in Ireland catering to all tastes and budgets. As the number and variety of overseas nationals has grown in recent years, so too has the diversity of food and ingredients. Students should therefore have no difficulty satisfying special religious or dietary requirements. An array of supermarkets cater for all food tastes at

reasonable prices, including Tesco, Dunnes Stores, SuperValu, Aldi and Lidl, not to mention local Spar and Centra stores, all located within a few minutes walk from your on campus accommodation. There are also plenty of organic foodstores and health foodstores in the centre of town or within a few minutes walk from Grafton Street. Shopping hours vary but generally big department stores (e.g. Dunnes & Tesco) are open from 9am to 6/7/8pm (depending on the store) Monday to Saturday, Sunday from 12 noon to 6pm, with late night shopping on Thursday until 9.00pm. An increasing number of supermarkets and smaller shops are open seven days a week.

Gardaí

The police in Ireland are called 'Garda Síochána' or for short 'Garda', plural 'Gardaí' (pronounced 'Gardee'). They patrol the streets on foot and in cars and are unarmed. They are very helpful and can be asked for assistance if you are lost, in need of directions or have encountered any trouble. Details of the location and telephone numbers of Garda stations can be found on the RCSI website (rcsi.ie/studentsafety). The nearest Garda station to RCSI is located on Pearse Street. For further information go to garda.ie

Government

Ireland is a parliamentary democracy. It has two Houses of Parliament (the Dáil and the Seanad), an elected President who is Head of State, and a Prime Minister (Taoiseach) who is Head of Government. You can tour the Houses of Parliament (Leinster House,

Kildare Street, Dublin 2) or take a seat in the Dáil public gallery to learn how our politicians conduct business. Sittings are during the day from September to June.

Email: info@oireachtas.irlgov.ie

Illegal Substances

The laws in Ireland in relation to drugs (including cannabis) are very strict. The Public Order Act (1998) allows the Gardaí to detain and search individuals if there is any suspicion that they are carrying drugs, whether for supply or personal use. Under the Misuse of Drugs Acts 1977 and 1984 there is a range of penalties for a variety of offences. Severe fines and terms of imprisonment are used for such offences. Supplying drugs will generally lead to a prison sentence.

Ireland

Ireland is an island on the western edge of Europe, 480km (300 miles) long, 240km (150 miles) wide, and is a member country of the European Union. The Republic of Ireland covers 26 of the 32 counties, and its capital city is Dublin. The remaining counties comprise Northern Ireland (capital city Belfast), which is part of the United Kingdom. Ireland is a great place to study in - lovely scenery, friendly people and a mild, temperate climate. Buy the Rough Guide to Ireland for details of things to do and places to see (on a tight budget).

Irish (Gaeilge)

Irish is a Celtic language which was spoken countrywide until the middle of the nineteenth century. Today, Irish is spoken in the Gaeltacht (Irish-speaking) areas and

is an official language of the EU. It is not spoken very widely in Dublin; however Gael Schools are on the increase. Useful words to know: 'sláinte' (your good health - similar to 'cheers' when having a drink); and 'slán' (goodbye). Also useful to know: public toilets and toilets in some cafés and restaurants are marked in Irish, 'Fir' means 'men' and 'Mná' means 'women'. Buses going to the centre of Dublin are marked 'An Lár' (the centre or the middle).

JUMPER - Another name for pullovers or sweaters. Bring a few warm ones to keep the cold out.

Language

English is the common language in Ireland, although under the Constitution, Irish is the first official language. Accents differ from one county to another and even from one area of Dublin to another. Initially it can be confusing, so don't be afraid to ask people to repeat themselves. RCSI offers a language support programme to all registered students.

Media

Television

There are three Irish state sponsored channels, RTE 1 and RTE 2 which broadcast in English and TG4, the Irish language station. TV3 and 3e are independent Irish television stations. Ireland also has access to an array of global channels through cable and satellite. Please note that you must purchase a TV licence for €160 per annum.

Radio

There is a wide range of stations available.

Check a daily newspaper for information on radio frequencies and programme information.

Newspapers

There are three national daily newspapers in Ireland: The Irish Times, the Irish Independent and the Examiner. Dublin's local paper, The Evening Herald, is good for local sports fixtures and accommodation information. Larger newsagents (such as Easons in O'Connell Street) also stock a variety of European and US newspapers and magazines.

Money

See 'Currency'

Opticians

Should you need glasses, or need to get your own repaired while in Ireland, opticians in Dublin include SpecSavers (www.specsavers.ie) and Vision Express (www.visionexpress.com). Both of these have regular offers for glasses and can be found in locations across the city. There are also a number of private opticians in the city centre.

Population

The population of the Republic of Ireland is approximately 4.76 million. Northern Ireland has a population of around one and a quarter million. Dublin has a population of approximately 1.6 million.

Racism

RCSI does not tolerate racist language or behaviour of any kind. If, during your stay with us, you feel that you have been subjected to any form of racial

discrimination, please contact the Student Services Office immediately. Ireland has committed itself internationally to fight against all forms of racial discrimination and the government has set up a national action plan against racism. For further information log onto theredcard.ie

Ramadan

Each year, Muslims spend the ninth month of the Islamic calendar observing a community-wide fast. The annual fast of Ramadan is considered one of the five "pillars" of Islam.

Muslims who are physically able are required to fast each day of the entire month, from sunrise to sunset. The evenings are spent enjoying family and community meals, engaging in prayer and spiritual reflection, and reading from the Quran. For further information see islamireland.ie

Smoking Ban

Smoking is prohibited in all enclosed places of work in Ireland. This means that you may not smoke in office blocks, College buildings, restaurants and public houses. RCSI also has an official non-smoking policy, which stipulates that you cannot smoke anywhere in or near any of the buildings owned/run by RCSI. For further information please contact the Student Services Office.

Time

Ireland observes Greenwich Mean Time (GMT). A map of world-wide time zones relative to GMT can be found at worldtimezone.com

Tours

Taking a tourist bus is a good way of getting your bearings and also getting to see a little bit of the surrounding countryside. Dublin Bus operates a 'hop-on hop-off' tour which lasts about one hour. The ticket is valid all day and you can get off at any of the twelve stops along the way.

The Gray Line Old Dublin Tour 'hop-onhop-off' also takes you to Dublin Zoo in the Phoenix Park. Both Hop on hop off operators are located on St Stephen's Green.

Outside of Dublin you can visit Glendalough, Co. Wicklow, a monastic settlement which began in the seventh century and lasted until the sixteenth century. The St. Kevin's Bus - 181 [Tel: 01 281 8119](tel:012818119) leaves at 11.30 am from St Stephens Green North.

Powerscourt Demesne, Enniskerry, Co Wicklow is well worth a visit. Check out Gray Line Tours (Tel 01 898 0700), Newgrange Tours (Tel 01 283 9973) or Dublin Bus (Tel 01 873 4222).

You can also take Dublin Bus no 44 from Merrion Square/ Clare Street to Enniskerry Village and walk to Powerscourt (about 10 to 15 minutes). Also make use of the DART trains to visit the seaside town of Bray and the fishing village of Howth.

Weather

Ireland has a mild, temperate climate. Showers can occur at any time of the year, but usually pass quickly. Average temperatures in summer range from 10-15°C and in winter from 4-7°C. Snow is very rare, but it can be very windy.



USEFUL CONTACTS

Admissions Office (Undergraduate)

Tel: +353 1 402 2228

Email: admissions@rcsi.ie

RCSI's Centre for Mastery: Personal, Professional and Academic Success (CoMPPAS)

Tel +353 1 402 8565

Email: comppas@rcsi.ie

Learning Access & Facilitation Service (LAFS)

Tel: +353 1 402 8565

Email: learningsupport@rcsi.ie

Counselling Service Clinical Psychology Service

Tel: +353 1 283 9366

Email: cpslmerrion@gmail.com

Giraffe Childcare – Crèche

Tel: +353 1850 929682

Email: info@giraffe.ie

Graduate Entry Medicine (GEM)

The Mercer Building Lower Mercer Street,
Dublin 2

Tel: +353 1 402 8686

Email: gemjc@rcsi.ie

IT Helpdesk

Tel: +353 1 402 2273

Email: helpdesk@rcsi.ie

Mercer Court Student Accommodation

Tel: +353 1 402 2502

Email: merceraaccommodation@rcsi.ie

RCSI Library

Tel: +353 1 402 2407

Email: library@rcsi.ie

Mercer's Medical Centre

Tel: +353 1 402 2300

Email: gpreception@rcsi.ie

Moodle Query

Email: helpdesk@rcsi.ie

Niteline

Tel: 1800 793 793

Email: info@niteline.org

Porters Reception Desk

Tel: +353 1 402 2263

Email: porters@rcsi.ie

Postgraduate School

Email postgraduateschool@rcsi.ie

Student, Academic and Regulatory Affairs (SARA)

(Transcripts, exam information,
registration letters, etc.)

Tel: +353 1 402 2110/2222

Email: ssgsara@rcsi.ie

Clinical Student Academic

& Regulatory Affairs (SARA Beaumont)

(Electives, observerships,
clinical rotations, etc.)

Tel: +353 1 809 3713/3746

Email: clinicalsara@rcsi.ie

School of Pharmacy

Tel: +353 1 402 513

Email: Pharmacy@rcsi.ie

School of Physiotherapy

Tel: +353 1 402 2397

Email: Physiotherapy@rcsi.ie**Security St Stephen's Green Campus**

Tel: +353 1 402 2219

Email: security@rcsi.ie**Societies Co-ordinator**

Tel +353 1 402 2294

Email: societiescoordinator@rcsi.ie**Sports Co-ordinator**

Tel: +353 1 402 2571

Email: sportscordinator@rcsi.ie**Student Fees Office**

Tel: +353 1 402 2200

Email: studentfees@rcsi.ie**Student Services Office**

Tel: +353 1 402 2294

Email: studentservices@rcsi.ie**Student Union** (SU - Undergraduate)

Tel: +353 1 402 2190

Email: su@rcsi.ie**Student Welfare Officers**

Tel: +353 1 402 8537 or +353 1 402 2504

Email: swo@rcsi.ie or comppas@rcsi.ie**Careers Development Manager**

Fionnuala Rahilly

Tel: +353 1 402 2565

Email: fionnularahilly@rcsi.ie**Foundation Year Cycle Director**

Prof Kevin McGuigan

Tel: +353 1 402 2207

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Tel: +353 1 402 2167

Email: mmorgan@rcsi.ie**Year 2 Cycle Director**

Dr Fidelma Fitzpatrick

Email: fidelmafitzpatrick@rcsi.ie**Year 3 Cycle Director**

Prof Alice Stanton

Email: astanton@rcsi.ie**Senior Cycle 1 Director**

Prof David Williams

Email: davidwilliams@rcsi.ie**Senior Cycle 2 Director**

Prof Gerry N. McElvaney

Tel: + 353 1 809 3763

Email: gmcclvaney@rcsi.ie**Head of School of Medicine**

Prof Arnold Hill

Tel: +353 1 809 3844

Email: medicine@rcsi.ie**Intermediate Cycle Director**

Prof Alice Stanton

Tel: +353 1 402 2796

Email: astanton@rcsi.ie**Senior Cycle Director**

Prof Gerry N. McElvaney

Tel: +353 1 809 3763

Email: gmcclvaney@rcsi.ie

Useful Web addresses

rcsi.ie

Royal College of Surgeons in Ireland

icosirl.ie

Irish Council for International Students

usi.ie

Union of Students in Ireland

educationireland.ie

A Guide to Studying in Ireland

ireland.com

Fáilte Ireland, the tourism authority of
Ireland independent.ie

Major Irish daily newspapers

irishtimes.ie

Major Irish daily newspapers

justice.ie

Department of Justice, Equality & Law
Reform

dfa.ie

Irish Department of Foreign Affairs

citizensinformation.ie

Irish Government Online Access to
Services

Information & Support

dublinbus.ie

Dublin Bus

luas.ie

LUAS – Dublin Light Rail

inis.gov.ie

Information about the Irish State

threshold.ie

Tenant Advisory Service

prtb.ie

Private Residential Tenancies Board

dublinairport.com

Dublin Airport

studentleapcard.ie

Student Travel Card

isiccard.ie

International Student Identity Card (ISIC)



RCSI

UNIVERSITY
OF MEDICINE
AND HEALTH
SCIENCES

RCSI Student Services Office
Royal College of Surgeons in Ireland
Coláiste Ríoga na Máinleá in Éirinn
123 St Stephen's Green, Dublin 2, Ireland
Tel: +353 1 402 2294
Email: studentservices@rcsi.ie

rcsi.com