|  |  |  |  |
| --- | --- | --- | --- |
| **Question/Area to explore** | **Score Value** | **Date:** | **Date:** |
| **Gender** | x | x | x |
| Female | 2 |  |  |
| Male | 1 |  |  |
| **Age** | x | x | x |
| 14-49 | 1 |  |  |
| 50-64 | 2 |  |  |
| 65-74 | 3 |  |  |
| 75-80 | 4 |  |  |
| 81+  | 5 |  |  |
| **Height-Weight: BMI**  | x | x | x |
| Average 20 – 24.9 | 0 |  |  |
| Above average 25 – 29.9 | 1 |  |  |
| Obese above 30 | 2 |  |  |
| Below Average below 20 | 3 |  |  |
| **Skin Type-Visual Risks Area** | x | x | x |
| Healthy | 0 |  |  |
| Tissue paper | 1 |  |  |
| Dry | 1 |  |  |
| Oedematous | 1 |  |  |
| Discoloured: Stage 1 | 2 |  |  |
| Broken spots: Stage 2 - 4 | 3 |  |  |
| **Mobility** | x | x | x |
| Fully mobile | 0 |  |  |
| Restless/fidgety | 1 |  |  |
| Lethargic | 2 |  |  |
| Restricted | 3 |  |  |
| Inert/Traction | 4 |  |  |
| Chair bound | 5 |  |  |
| **Continence** | x | x | x |
| Complete/catheterised | 0 |  |  |
| Occasion incontinence | 1 |  |  |
| Cath/incontinent of faeces | 2 |  |  |
| Doubly incontinent (urine & faeces) | 3 |  |  |
| **M.U.S.T.**  | x | x | x |
| What is patient’s MUST Score? | ? |  |  |
| **Special Risks-Tissue Malnutrition** | x | x | x |
| Cardiac Failure | 5 |  |  |
| Peripheral Vascular disease | 5 |  |  |
| Anaemia | 2 |  |  |
| Smoking | 1 |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Question/Area to explore** | **Score Value** | **Date:** | **Date:** |
| **Special Risks-Neurological Deficits**  | x | x | x |
| CVA: Stroke | 4-6 |  |  |
| Diabetes | 4-6 |  |  |
| Motor-sensory | 4-6 |  |  |
| Multiple sclerosis | 4-6 |  |  |
| Paraplegia | 4-6 |  |  |
| Unconscious patient | 4-6 |  |  |
| **Special Risks-Major Surgery/Trauma** | x | x | x |
| Orthopaedic/below waist/spinal | 5 |  |  |
| On table/trolley for 2 hours or more | 5 |  |  |
| **Special Risks-Medication** | x | x | x |
| Anti-Inflammatory | Maximum 4 |  |  |
| Cytotoxics |  |  |
| High Dose Steroids |  |  |
| Score page 1 + Score page 2 = TOTAL SCORE | x |  |  |

|  |
| --- |
| Name the situations/scenarios when a Waterlow Pressure Area Chart should be completed? |
| Explain the significance of the Waterlow score |
| Name the vulnerable pressure areas that are at risk of pressure injury |
| Describe the Pressure Ulcer Staging System |
| Apply the SSKIN Bundle |
| Describe the Incident Management Process |

|  |  |
| --- | --- |
| Applicant Name |  |
| Applicant Signature |  |
| Applicant Letter ID |  |
| Date |  |