

School of Physiotherapy Postgraduate Module in Injection Therapy

Guidelines for Choosing a Mentor for Supervised Injection Therapy

Applicants must identify a mentor who will be a resource in relation to issues related to the practical use of injection therapy including clinical rationale, evidence-base, safety issues and professional practice. Mentors must ascertain clinical competence within the practice setting by signing off on 10 supervised injections. This will entail completion of a record sheet which will include a checklist of items (scored on a pass/fail basis only). Mentors must be identified on application and must complete a Mentor letter of Support. Mentors should be familiar with the module's learning outcomes, assessment methods and marking criteria

Module Learning Outcomes

On completion of this module, the learner will be able to:

1. Demonstrate advanced clinical reasoning in relation to the rationale for and evaluation of injection therapy in the management of musculoskeletal conditions
2. Demonstrate knowledge of the evidence base for the use of injection therapy as a singular or adjunctive therapy
3. Demonstrate safe, effective and competent practice in the technical application of injection therapy
4. Understand the ethical, legal, health and safety issues regarding the use of injection therapy

Content

Over the 5 day on- site training in RCSI, content will include relevant anatomy, pharmacology of soft tissue and joint injections, principles of injection therapy, evidence- base for injection therapy, practical application and legal, health and safety considerations.

The course will include injection of common sites such as:

Upper Limb: Acromioclavicular Joint, Subacromial Space, Glenohumeral Joint, Olecranon Bursa, Lateral Epicondylagia, Elbow joint, Radiocarpal Joint, First Carpo- Metacarpal Joint, De Quervain's Tenosynovitis (APL and EPB), Trigger Finger, Ganglion

Lower Limb: Trochanteric Bursitis, Knee Joint, Pre-patellar Bursitis, Pes Anserine, Plantar Fascia, Ankle Joint

Assessment Process

For successful completion of the Post Graduate Module in Injection Therapy, applicants must complete the following

First sitting	Marks
2500 word written assignment related to musculoskeletal injection therapy	40%
Practice placement portfolio (2000 words) demonstrating evidence of clinical reasoning related to use of injection therapy. This must also include a record sheet which demonstrates evidence of 10 successfully completed injections supervised by mentor (record sheet not graded)	60%
Total:	100%
Repeat sitting: Both parts must be passed to successfully complete the module. One repeat sitting of a failed component within 6 months is allowed	

Supervision of Injection Therapy in the Practice Setting

Supervision during the practice- based elements of the Module in Injection therapy should be provided a medical practitioner who uses injection therapy on a regular basis e.g

1. A medical practitioner in an appropriate secondary care specialty (e.g. orthopaedics, rheumatology)
2. A General Practitioner in an appropriate primary care specialty (e.g. orthopaedic medicine, sports medicine)