

MSc in Positive Health Coaching - Sep 2023 intake

Most live sessions occur on Thursday afternoon from 1-2pm with the few exceptions of some happening on a Friday. These sessions take place from 2-3pm to facilitate overseas guest faculty. All sessions are recorded and can be viewed at a time that suits your needs. During orientation you will be shown where to find your module schedules on the virtual learning environment (VLE).

Please note that RCSI reserves the right to make changes to the academic timetables, and any updates will be communicated to students accordingly.

Onsite days

Tour of the college and meet and greet (Not mandatory)	½ Day 12 Feb 2024
Module 4 Foundations of evidence-based coaching	13 th - 14 th Feb 2024
Module 5 Positive psychology coaching	23 rd – 24 th April 2024
Module 6 Becoming a reflective practitioner	13 th – 14 th May 2024

Module blocks

Orientation	11 Sep - 22 Sep 2023
Module 1: Modern health and wellbeing approaches (Fully online)	25 Sep - 03 Nov 2023
Module 2: The pillars of lifestyle medicine (Fully online)	06 Nov - 15 Dec 2023
Module 3: Positive health in practice (Fully online)	02 Jan – 09 Feb 2024
Module 4: Foundations of evidence-based coaching	12 Feb - 22 Mar 2024
Module 5: Positive psychology coaching	25 Mar - 10 May 2024
Module 6: Becoming a reflective practitioner	13 May - 21 June 2024
Module 7: Research methods and methodology	Year 2

