




RCSI

 RCSI	Program:	Professional Diploma in Positive Health
	Module:	Recognition of Prior Learning (RPL) for Entry Pre-admission assessment
	Internal examiner:	Centre for Positive Psychology Admissions Board
RCSI DEVELOPING HEALTHCARE LEADERS WHO MAKE A DIFFERENCE WORLDWIDE		

This assignment must be entirely your own work and should not have been submitted for assessment for any other programme at this or any other University

Word limit:	2000 (+/- 10%)
Time/date of submission:	30th June 2022



Learning Outcomes:

Applicants applying for admission onto an RCSI Professional Diploma in Positive Health as part of the RPL entry process must demonstrate the following:

- Knowledge and understanding in a field of study that builds upon their general secondary education, and is typically at a level that, whilst supported by advanced textbooks, includes some aspects that will be informed by knowledge of the forefront of their field of study
- Can apply their knowledge and understanding in a manner that indicates a professional approach to their work or vocation, and have competences typically demonstrated through devising and sustaining arguments and solving problems within their field of study
- Have the ability to gather and interpret relevant data (usually within their field of study) to inform judgements that include reflection on relevant social, scientific or ethical issues
- Can communicate information, ideas, problems and solutions to both specialist and non-specialist audiences
- Have developed those learning skills that are necessary for them to continue to undertake further study with a high degree of autonomy.

Assignment:

Write an essay on a topic of your choosing related to one of the following areas:

- Draw on the scientific literature in your discussion of the possible impact of Lifestyle Medicine in the health care system of the country you are currently based.
- Select three positive psychology interventions and evaluate them based on the scientific literature

The essay should draw on referenced sources to help inform and support the discussion and include a reference list. The discussion should also demonstrate evidence of application of ideas to practice.

This is an **INDIVIDUAL** assignment and must be 100% your own work.

Submission guidance:

Please submit a **SINGLE** document in PDF format meeting the requirements for assignment submission.

Suggested Resources

Google Scholar <http://scholar.google.com/>

Academia.edu <https://www.academia.edu/>

PubMed <https://pubmed.ncbi.nlm.nih.gov/>

Grammarly <https://www.grammarly.com/>

Institute for Healthcare Improvement <http://www.ihl.org/>

Academic Phrasebank <http://www.phrasebank.manchester.ac.uk/>