
 <p>RCSI</p> 	Program:	Professional Diploma in Positive Health
	Module:	Recognition of Prior Learning (RPL) for Entry Pre-admission assessment
	Internal examiner:	RCSI Centre for Positive Health Sciences (CPHS) Admissions Board
<p><i>This assignment must be entirely your own work and should not have been submitted for assessment for any other programme at this or any other University</i></p>		
	Word limit:	2000 (+/- 10%)
	Time/date of submission:	31st May 2024

Learning Outcomes:

Applicants applying for admission onto an RCSI Professional Diploma in Positive Health as part of the RPL entry process must demonstrate the following:

- Knowledge and understanding in a field of study that builds upon their general secondary education, and is typically at a level that, whilst supported by advanced textbooks, includes some aspects that will be informed by knowledge of the forefront of their field of study
- Can apply their knowledge and understanding in a manner that indicates a professional approach to their work or vocation, and have competences typically demonstrated through devising and sustaining arguments and solving problems within their field of study
- Have the ability to gather and interpret relevant data (usually within their field of study) to inform judgements that include reflection on relevant social, scientific or ethical issues
- Can communicate information, ideas, problems and solutions to both specialist and nonspecialist audiences
- Have developed those learning skills that are necessary for them to continue to undertake further study with a high degree of autonomy.

Assignment:

Write an essay on a topic of your choosing related to one of the following areas:

- Draw on the scientific literature in your discussion of the possible impact of Lifestyle Medicine in the health care system of the country you are currently based.
- Select three positive psychology interventions and evaluate them based on the scientific literature

The essay should draw on referenced scientific and academic sources to help inform and support the discussion and include a reference list, and be written in APA 7th Edition format. The discussion should also demonstrate evidence of application of ideas to practice.

This is an **INDIVIDUAL** assignment and must be 100% your own work.

Submission guidance:

Please submit a SINGLE document in PDF format meeting the requirements for assignment submission.

Suggested Resources

Google Scholar <http://scholar.google.com/>

Academia.edu <https://www.academia.edu/>

PubMed <https://pubmed.ncbi.nlm.nih.gov/>

Grammarly <https://www.grammarly.com/>

Institute for Healthcare Improvement <http://www.ihl.org/>

Academic Phrasebank <http://www.phrasebank.manchester.ac.uk/>