



RCSI

ROYAL COLLEGE OF SURGEONS IN IRELAND

COLÁISTE RÍOGA NA MÁINLEÁ IN ÉIRINN

Ethicon Grant/Fellowship Report Form

Grant Holder Name	John Galbraith
Brief biography, including qualification and year of graduation (no more than 100 words)	I studied medicine in UCC and graduated in 2007. I was awarded my MD in UCC in 2012. I completed HST in trauma and orthopaedic surgery in July 2017.
Title of Project/Fellowship	Upper Limb Fellow, University of Otago, Christchurch
Year of Award: Commencement Date: Conclusion Date:	Awarded 2017 Commenced 1 st August 2017 Concluded 31 st July 2018

Summary (no more than 250 words)

I was the Upper Limb fellow for 12 months in Christchurch, New Zealand. The fellowship is spread out over Christchurch Public Hospital, Burwood Elective Hospital and a couple of the private hospitals around the city. It is the tertiary referral centre for the South Island for complex shoulder and elbow conditions. I mainly worked with 3 experienced upper limb surgeons. The week is split into 10 half day sessions. Most weeks comprise of 6 or 7 theatre sessions, 2 or 3 clinic sessions and 1 free session for research. Theatre sessions can often go up until 8pm. Theatres in both private and public are run pretty efficiently and in one half day session it's possible to get 5-6 cases done. There is a good mix of cases with a high volume of arthroscopic rotator cuff repair and labral repair being done. There was a significant amount of shoulder arthroplasty being done also. I carried out research looking at medium term follow-up (5 to 9 years) of arthroscopic rotator cuff repair using the tension band technique and I will present my findings at SESA meeting in Perth in November 2018.

Grant Report (in the region of but no more than 500 words)

Objectives of Project/Fellowship:

1. Become proficient in Shoulder arthroscopy and arthroscopic procedures including cuff repair and stabilisation.
2. Become proficient in all types of shoulder arthroplasty and specifically reverse geometry arthroplasty.
3. Becoming proficient in Elbow arthroscopy and arthroplasty.

Did you achieve these objectives?

Yes

In your opinion, what is the value of your award to:

(a) Yourself

I received excellent exposure to complex upper limb theatre cases and became comfortable operating on these conditions. Also, I learned management strategies for dealing with complex shoulder and elbow pathology.

(b) The institution in which you worked

By having a fellow they were able to increase the number of cases per list and were often able to run parallel theatres. I also did a lot of teaching for residents and medical students on shoulder and elbow pathology.

(c) In the future for Irish patients

The intensive training I received during this fellowship increased my knowledge and operative skills. The experience I gained as a result of this fellowship means I can offer patients an excellent service in the management of shoulder and elbow pathology