



RCSI

ROYAL COLLEGE OF SURGEONS IN IRELAND

COLÁISTE RÍOGA NA MÁINLEÁ IN ÉIRINN

Ethicon Grant/Fellowship Report Form

Grant Holder Name	John Galbraith
Brief biography, including qualification and year of graduation (no more than 100 words)	I studied medicine in UCC and graduated in 2007. I was awarded my MD in UCC in 2012. I completed HST in trauma and orthopaedic surgery in July 2017.
Title of Project/Fellowship	Dandenong Hand Fellowship, Melbourne, Australia
Year of Award: Commencement Date: Conclusion Date:	Awarded 2018 Commenced 1 st August 2018 Concluded 31 st July 2019

Summary (no more than 250 words)

I was the Dandenong Hand fellow for 12 months based in Melbourne, Australia. The fellowship is spread out over Dandenong Public Hospital and a couple of the private hospitals around the city. It is the tertiary referral centre for patients from the South East area of Victoria for complex hand and wrist conditions. I worked with 6 experienced hand surgeons. The week is split into 10 half day sessions. Most weeks comprise of 6 or 7 theatre sessions, 2 clinic sessions and 1 or 2 free sessions for research. Theatres in both private and public are run pretty efficiently. There is a good mix of cases with a high volume of wrist arthroscopy, small joint arthroplasty and post traumatic reconstruction. I carried out biomechanical research looking at intramedullary screw fixation of metacarpals and clinical research comparing rib graft and medial femoral trochlea osteochondral flaps for proximal scaphoid reconstruction. I presented my findings at IFSSH meeting in Berlin in June 2019.

Grant Report (in the region of but no more than 500 words)

Objectives of Project/Fellowship:

Become proficient complex hand and wrist trauma including microvascular work and digit reimplantation

2. Attain experience in complex tendon transfer procedures

3. Becoming proficient in Elbow arthroscopy and arthroplasty

4. Dealing with hand conditions in high level athletes

Did you achieve these objectives?

Yes

In your opinion, what is the value of your award to:

(a) Yourself

I received excellent exposure to complex upper limb theatre cases and became comfortable operating on these conditions. Also, I learned management strategies for dealing with complex upper limb pathology.

(b) The institution in which you worked

By having a fellow they were able to increase the number of cases per list and were often able to run parallel theatres. I also did a lot of teaching for residents and medical students on hand and wrist pathology.

(c) In the future for Irish patients

The intensive training I received during this fellowship increased my knowledge and operative skills. The experience I gained as a result of this fellowship means I can offer patients an excellent service in the management of hand and wrist pathology