



# RCSI

ROYAL COLLEGE OF SURGEONS IN IRELAND

COLÁISTE RÍOGA NA MÁINLEÁ IN ÉIRINN

## Ethicon Grant/Fellowship Report Form

<b>Grant Holder Name</b>	James Cashman
<b>Brief biography, including qualification and year of graduation (no more than 100 words)</b>	MB Bch BAO, 2001. MD 2008. FRCS (Tr &Ortho) 2012
<b>Title of Project/Fellowship</b>	Fellowship in Young Adult Hip
<b>Year of Award:</b> <b>Commencement Date:</b> <b>Conclusion Date:</b>	2013 April 2013 December 2013

### Summary (no more than 250 words)

This Fellowship took place in the Royal National Orthopaedic Hospital in Stanmore, UK. I was working with Mr Aresh Hashemi-Nejad, a world-renowned surgeon who specialises in the management of hip conditions from “the cradle to the grave”. This fellowship exposed me to a full clinical workload of four surgical days and one outpatient day, with ample research opportunities.

### Grant Report (in the region of but no more than 500 words)

#### ***Objectives of Project/Fellowship:***

The Young Adult Hip or Non-arthroplasty hip surgery is an evolving subspecialty in Orthopaedics. While paediatric orthopaedics and joint replacement surgery are well established subspecialties, there is a large unmet demand for treating younger patients with hip problem. The aim of this fellowship was to gain a better understanding of the hip pathologies unique to the adolescent and proficiency in the surgical management thereof.

***Did you achieve these objectives?***

Yes

***In your opinion, what is the value of your award to:***

***(a) Yourself***

I was exposed to the management of Orthopaedic hip pathology from the youngest baby to the patients undergoing revision hip surgery. I gained a deeper understanding of the complex decision making processes in dealing with this difficult group of patients. I gained proficiency in specialised surgical techniques such as hip arthroscopy, surgical hip dislocation and osteotomies of the femur and acetabulum.

***(b) The institution in which you worked***

The Royal National Orthopaedic Hospital, Stanmore is a standalone Orthopaedic hospital in the outskirts of London which provides tertiary Orthopaedic care to much of England. They have a wide referral base and provide speciality Orthopaedic care in Paediatrics, Tumour, Spinal injuries as well as being a centre of excellence for Joint replacement. They are affiliated with University College, London and have an excellent academic pedigree. While I was there, Consultant surgeons were appointed to the Presidency of the British Hip society, British Children's Orthopaedic Society, European Paediatric Orthopaedic Society, British Orthopaedic Association and European Hip society.

As a result of my contacts there, this fellowship opened the door to further orthopaedic trainees from Ireland travelling to this world-renowned hospital for post graduate training in areas such as arthroplasty paediatrics or young adult hip.

***(c) In the future for Irish patients***

Non-arthroplasty hip surgery has the potential to relieve pain and improve symptoms in those patients with hip pathology, for whom hip replacement is not appropriate. There is the potential to defer or even prevent hip replacements in appropriate patients. My patients will benefit from the full gamut of non-arthroplasty options available for the management of pre arthritic hip conditions, particularly in the adolescent and young adult.