



# RCSI

ROYAL COLLEGE OF SURGEONS IN IRELAND

COLÁISTE RÍOGA NA MÁINLEÁ IN ÉIRINN

## Ethicon Grant/Fellowship Report Form

<b>Grant Holder Name</b>	Michael Leonard
<b>Brief biography, including qualification and year of graduation (no more than 100 words)</b>	MB(Hons), BA, BCh, BAO – Trinity College, 2002. MRCSI 2004 MCh – Trinity College 2007 FRCSI (Trauma & Orthopaedic Surgery) 2012
<b>Title of Project/Fellowship</b>	Postgraduate Fellowship in Orthopaedic (Shoulder and Elbow Surgery) – Royal North Shore Hospital, Sydney, Australia.
<b>Year of Award:</b> <b>Commencement Date:</b> <b>Conclusion Date:</b>	2012. 22/07/2012 20/01/2013

### Summary (no more than 250 words)

I travelled in July 2012 to Sydney to undertake a fellowship in Shoulder and Elbow Surgery under the supervision of Professor David Sonnabend at the acclaimed Royal North Shore Hospital. Professor Sonnabend is one of the world leaders in shoulder surgery and a significant number of renowned shoulder surgeons have undertaken this fellowship.

While on fellowship I was exposed to a broad range of shoulder and elbow pathology, both elective and trauma. Fellows are involved in outpatient clinics, elective and trauma operating lists, private assisting and regular educational meetings. There is also a strong emphasis on research with lab facilities available at the University of Sydney. Along with managing a high volume of routine shoulder and elbow pathology the fellowship also afforded me the opportunity to manage more complex cases including revision shoulder arthroplasty, tendon transfers and complex trauma cases.

**Grant Report (in the region of but no more than 500 words)**

**Objectives of Project/Fellowship:**

To obtain extensive post-specialisation training in shoulder and elbow surgery. The fellowship covers six months of intensive training at the end of which the fellow will be proficient in all aspects of shoulder and elbow practice including immediate and delayed surgical treatment of shoulder and elbow trauma, reconstructive surgery including arthroplasty and all arthroscopic techniques.

**Did you achieve these objectives?**

Yes, the fellowship provided an excellent opportunity to acquire the knowledge and technical skills to manage shoulder and elbow pathology.

**In your opinion, what is the value of your award to:**

**(a) Yourself**

The RCSI Ethicon Grant enabled me to travel to a centre of excellence and to work with world renowned orthopaedic surgeons with specific subspecialty expertise in the field of reconstructive shoulder and elbow surgery. I was exposed to a wide range of shoulder and elbow pathology and was afforded the opportunity to develop my skills in dealing with these problems while under the instruction of expert surgeons.

**(b) The institution in which you worked**

The Royal North Shore Hospital is a level 1 trauma centre and receives tertiary referrals of complex orthopaedic injuries from around the entire state of New South Wales. Through enabling fellows to travel to this unit, the RCSI/Ethicon grant has helped in maintaining a higher standard of care for those complex injuries.

**(c) In the future for Irish patients**

Upon my return to the Irish health service, it is my aim to use the knowledge and skills I have obtained to provide a world class level of care to my patients and to teach these skills to my junior surgical colleagues.